

### **MASH POTATO STEPS BACK, LEFT AND RIGHT WIZARD OF OZ STEPS**

&1&2&3&4 Swivel both heels out, swivel both heels in, placing right slightly behind left. Swivel both heels out, swivel both heels in, placing left slightly behind right. (Travelling backwards).  
Repeat above steps.

&5-6 Step right ball to right side, step left forward to left diagonal, and lock right behind left.

&7-8 Step left ball to left side, step right forward to right diagonal, and lock left behind right (weight remaining on the right foot).

### **¼ TURN RIGHT, DRAG, HIPS X 2, STEP DRAG, HIPS X 2**

1-4 Make a ¼ turn right stepping left to left side, drag right next to left and rotate hips anticlockwise x 2.

5-8 Step right to right side, drag left next to right and rotate hips clockwise x 2.

### **TOUCH, ¼ TURN LEFT, TOUCH, TOGETHER X 2**

1-4 Touch left toe forward, ¼ turn left, stepping left next to right, touch right toe out to right side, bring back to place.

5-8 Touch left toe forward, ¼ turn left, stepping left next to right, touch right toe out to right side, touch right next to left.

### **FORWARD ROCK, RECOVER, ¾ TRIPLE TURN, FORWARD ROCK, RECOVER, COASTER STEP**

1-2 Rock right forward, recover on to left.

3&4 ¾ triple turn right, stepping right, left, right.

5-6 Rock left forward, recover on to right.

7&8 Left coaster step.

### **SIDE LUNGING KNEE POPS, KNEE POPS BACK TO PLACE**

1-2 Weight on left, touch right toe out to right side, whilst popping right knee, out, in. (Lunge or lean to the right side).

3&4 Pop right knee, out, in, out. (Continue with the lunge to the right side) – with attitude!!

5-6 Weight remaining on left, pop right knee in, out, (Bringing weight slightly back to centre).

7&8 Pop right knee, in, out, in. (weight remaining on left, weight should now be back to the centre).

### **DIAGONAL STEP LOCK, DIAGONAL SHUFFLE, ¼ TURN LEFT, DIAGONAL STEP LOCK, DIAGONAL SHUFFLE**

1-2 Step right diagonally forward, lock left behind right.

3&4 Step right diagonally forward, bring left next to right, step right diagonally forward.

5-6 ¼ turn left, stepping left diagonally forward, lock right behind left.

7&8 Step left diagonally forward, bring right next to left, step left diagonally forward.

### **ROCK RECOVER, ½ TURN X 2**

1-4 Rock forward on right, recover on left, ½ turn right, stepping right next to left and hold for 1 count.

5-8 Repeat on the left.

### **POINT CROSS X 2, POINT CROSS UNWIND ½ TURN WITH SWIVELS**

1-4 Point right toe to right side, cross right over left. Repeat on the left.

5-6 Point right toe to right side, cross over left.

7&8 Whilst unwinding ½ turn over your left shoulder, swivel heels right, left, right. (Weight ending on left foot).

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