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- 1 Rock 1/4 Turn, Cross Shuffle, Side Rock, Cross Shuffle.**
1 2 Rock right forward. Turn 1/4 left, recovering weight onto left.
3 & 4 Step right across left. Step left to left side. Step right across left.
5 6 Rock left to left side. Recover weight onto right.
7 & 8 Step left across right. Step right to right side. Step left across right.
- 2 Sway, Chasse 1/4 Turn, Pivot 1/2 Turn, Shuffle.**
1 2 Step right to right side, swaying hips right. Sway hips left, taking weight onto left.
3 & 4 Step right to right side. Close left beside right. Turn 1/4 right, stepping right forward.
5 6 Step left forward. Pivot 1/2 right turn, taking weight on right.(6o'clock)
7 & 8 Step left forward. Close right beside left. Step left forward.
- 3 Full Turn(or walk), Shuffle, Forward Rock, Lock Back.**
1 2 Turn 1/2 left turn, stepping right back. Turn 1/2 turn left, stepping left forward.(Easy option: Walk forward right, left).
3 & 4 Step right forward. Close left beside right. Step right forward.
5 6 Rock left forward. Recover onto right.
7 & 8 Step left back. Lock right across left. Step left back.
- 4 Sway, Sailor 1/4 Right, Pivot 1/2 Right, Shuffle.**
1 2 Step right to right side, swaying hips right. Sway hips left, taking weight onto left.
3 & 4 Step right behind left. Turn 1/4 right, stepping left beside right. Step right forward.(9o'clock)
5 6 Step left forward. Pivot 1/2 right turn, taking weight onto right.(3o'clock)
7 & 8 Step left forward. Close right beside left. Step left forward.
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