

## La Vita Italiana

32 Count, 4 Wall, Improver

Choreographer: Lynne Martino (USA) Jan 2014

Choreographed to: La Vita Italiana Fa Per Me by James Stemple & The Swing Dolls

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Start dancing on lyrics

### **STEP TOGETHER, STEP, TOUCH, HEEL, TOUCH, HEEL, TOUCH**

- 1-4 Step right side, step left together, step right side, touch left together  
5-8 Touch left heel forward, touch left together, touch left heel forward, touch left together  
Place fisted hands on your hips

### **STEP TOGETHER, STEP, TOUCH, HEEL, TOUCH, HEEL, TOUCH**

- 1-4 Step left side, step right together, step left side, touch right together  
5-8 Touch right heel forward, touch right together, touch right heel forward, touch right together  
Place fisted hands on your hips

### **SHUFFLES, SHIMMIES**

- 1&2 Chassé diagonally forward right-left-right  
3&4 Chassé diagonally forward left-right-left  
5-8 Rock right side and hip right, hip left, hip right, recover to left and hip left  
When you shimmy, bring your hands up in front of you and move them in a circling Fashion

### **STEP, 1/8 TURN, STEP, 1/8 TURN, PADDLE IN A CIRCLE**

- 1-2 Step right forward, turn 1/8 left (weight to left)  
3-4 Step right forward, turn 1/8 left (weight to left) (9:00)  
&5 Step right forward, turn ¼ left (weight to left) (6:00)  
&6 Step right forward, turn ½ left (weight to left) (12:00)  
&7 Step right forward, turn ¼ left (weight to left) (9:00)  
8 Hold  
Bring arms up as you go around on last 4 counts