



Approved by:

Dwight

It's My Life, Don't Worry!

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 7 & 8	Forward Rock, Back Shuffle, Back Rock, Shuffle 1/2 Turn Rock forward on right. Recover onto left. Step right back. Close left beside right. Step right back. Rock back on left. Recover onto right. Shuffle step 1/2 turn right, stepping - left, right, left. (6:00)	Rock Forward Shuffle Back Rock Back Shuffle Half	On the spot Back On the spot Turning right
Section 2 1 & 2 3 – 4 5 – 6 7 & 8 Tag/Restart	Shuffle 1/2 Turn, Step Pivot 1/4, Cross Rock, Cross Samba Shuffle step 1/2 turn right, stepping - right, left, right. (12:00) Step left forward. Pivot 1/4 turn right. (3:00) Cross rock left over right. Recover onto right. Cross left over right. Rock right to right side. Recover onto left. Wall 8: Dance Tag (Rocking Chair) then Restart from the beginning.	Shuffle Half Step Pivot Cross Rock Cross Samba	Turning right On the spot
Section 3 1 – 2 3 & 4 5 – 6 7 & 8 Restart	Cross, Side, Sailor Step, Cross, Side, Sailor 1/4 Turn Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Step right to place. Cross left over right. Step right to right side. Cross left behind right turning 1/4 left. Step right beside left. Step left slightly forward. Wall 4: Start the dance again from the beginning.	Cross Side Right Sailor Cross Side Quarter Sailor	Left On the spot Right Turning left
Section 4 1 – 2 3 & 4 5 – 6 7 & 8	Forward Rock, Coaster Step, Forward Rock, Triple 3/4 Turn Rock forward on right. Recover onto left. (12:00) Step right back. Step left beside right. Step right forward. Rock forward on left. Recover onto right. Triple step 3/4 turn left, stepping - left, right, left. (3:00)	Rock Forward Coaster Step Rock Forward Triple Three Quarter	On the spot Turning left
Tag 1 – 4	Wall 8 after count 16 and End of Wall 10: Rocking Chair Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Then Restart the dance.	Rocking Chair	On the spot

Choreographed by: Dwight Meessen (NL) August 2015
Choreographed to: 'It's My Life (Don't Worry)' by Chawki feat Dr Alban from CD Single; download available from amazon or iTunes (72 count intro)
Tag/Restarts: One Restart during Wall 4
 Tag danced during Wall 8 (followed by Restart) and end of Wall 10



A video clip of this dance is available at www.linedancerweb.com