

**SIDE ROMPS**

- & 1 Weight on right, jump slightly back on left 45 degrees left, touching (tap) right heel forward
- & 2 Stepping back on right to center, step left beside right
- & 3 Jump slightly back on right 45 degrees right, touching (tap) left heel forward
- & 4 Step back on left to center, touching right beside left

**FORWARD WALK, 1/2 TURN WITH QUICK TOE HEEL STEP**

- 5 Step forward on right
- 6 Step forward on left
- 7 Step forward on ball of right (10:30 o'clock - left heel will be raised)
- & Making 1/2 turn left (6 o'clock), step down on heel of left
- 8 Left forward of right, drop right heel

**STEP BACK, TOE TOUCH**

- 9 Step back on left
- 10 Step back on right
- 11 Step back on left
- 12 Touch right toe beside left

**CAMEL WALK**

**/Instead of camel walks, you can just walk forward.**

- 13 Stepping slightly forward on right, slide touch left to beside right (left knee bent)
- 14 Stepping slightly forward on left, slide touch right to beside left (right knee bent)
- 15 Stepping slightly forward on right, slide touch left to beside right (left knee bent)
- 16 Stepping slightly forward on left, slide touch right to beside left (right knee bent)

**REVERSE FULL TURN**

- 17 - 18 Cross touching right toe to floor behind left, pivot on balls of both feet full turn right, shifting weight to left

**SIDE ROMPS**

- & 19 Pushing off with ball of right, jump slightly back on left 45 degrees left, touching right heel forward
- & 20 Stepping back on right to center, step left beside right
- & 21 Jump slightly back on right 45 degrees right, touching (tap) left heel forward
- & 22 Stepping back on left to center, touch right beside left
- & 23 Pushing off with ball of right, jump slightly back on left 45 degrees left, touching (tap) right heel forward
- & 24 Stepping back on right to center, step left beside right

**SYNCOPATED HEEL-TOE SWITCHES**

- 25 Touch right heel forward
- & 26 Stepping back on right to center, touch (tap) left heel forward
- & 27 Stepping back on left to center, touch (point) right toe out to right side
- & 28 Stepping right in to center, touch (point) left toe out to left side

**SYNCOPATED SIDE SLIDE (PULLING THE ROPE)**

- 29 Leaning upper body to left side, keeping left leg extended, shift weight onto ball of left
- & 30 Stepping right in to beside left (leaning upper body slightly to right), touch (point) left toe out to left side
- 31 Leaning upper body to left side, keeping left leg extended, shift weight onto ball of left
- & 32 Stepping right in to beside left (leaning upper body slightly to right), touch (point) left toe out to left side

**REPEAT**