

Cuban Press-touch-step-press, Scuff-hitch-turn, Body Roll.

- 1,2 & 3 Step Forward On L Foot (upper Body Is Extended Over L Foot, R Hip Pushed Back 1), Touch R Next To L (2), Step Back In Place With R (&) Step L Forward Into Cuban Press (upper Body Is Extended Over L Foot, R Hip Pushed Back 3).
- 4 & 5 Scuff R Foot Beside L (4), Hitch R Using Momentum Of Scuff To Pivot 1/2 Turn To R (&), Touch R Forward (5).
- 6,7 Body Roll Starting With Chest Rolling Forward (6), Following With Rest Of Body To Finish With Weight Forward On R (7).

Side Chasse-1/4 Turn, 180 Degree Step Turn**(* Optional 540 Degree Spiral-ronde-whip Turn.)**

- 8 & 1 Step L To Side, Together With R, 1/4 Turn To L Stepping Onto L (8&1).
- 2,3 Step Forward With R (2), 1/2 Turn To L, Weight On R Leg (3).
- (2&3 Optional Spiral Whip. Step Forward On R (2), Spiral 360 Degrees To L (weight Remain On R Throughout (&), Continue Turning To L, Sweeping L Leg Around Sharply To Assist With The Additional 180 Degree Turn. Weight Should Finish Still On R Leg With The**

Forward Triple, Rock-recover, Reverse Toe Tap Turn.

- 4 & 5 Step Forward L (4), Lock R Behind In 3rd Pos. (&), Step Forward L (5).
- 6,7 Rock Forward On R (6), Recover Onto L (7).
- 8 & 1 Tap R Toe Behind Twice Turning 1/2 Turn To R (8 &) Step Full Weight Onto R (1)

360 Degree Pivot Turn, Syncopated Weave To R, Rock-exaggerated Recover, Behind-turn-step (press).

- 2 & 3 Step L Across And In Front Of R (2), Turn Full Turn To R, Keeping Weight On R Leg (3).
- & 4 & 5 Step L Foot To L Side (&), Step R Behind L (4), Step L Foot To L Side (&), Step R Across And In Front Of L (5). Body Is At A L Diagonal At This Point.
- 6,7 Rock L Forward Diagonal (6), Recover Taking Wide Side Step To R, Dragging L To A Closed Position Next To R (7). Weight Remains On R After Drag
- * The Styling Of This Recover Step Is With The Abdomen Pulled In, As If Sucking In Wind. The Emphasis Is On The Abdomen; The Shoulders And Chest Should Not Collapse In.**
- 8 & 1 Step L Behind R (8), 1/4 Turn To R Stepping Forward Onto R (&), Step Forward Into L Press (1)

Touch And Press, Kick And Point, Touch, Down And Up.

- 2 & 3 Touch R Next To L (2), Step Back In Place With R (&) Step Forward On L Foot (press 3).
- 4 & 5 Kick R Forward (low Kick 4), Step In Place Onto R (&), Point L To L Side (5).
- & 6 Step L Next To R (&), Touch R Toe Forward (6).
- & 7 Contract Chest In Slightly (&), Bend Both Knees, Arch Chest, Shoulders Back, Buttocks Back (7).
- & 8 Contract Chest In Slightly Starting To Straighten Legs (&), Legs Straight, Arch Chest, Shoulders Back, Buttocks Back (8).