

You Are

48 Count, 4 Wall, Intermediate (Waltz)
Choreographer: Dee Musk (UK) Feb 2016
Choreographed to: You Are by Charlie Wilson (single)

36 Count Intro - (Approx 16 secs).

- Section 1** **Rock Recover Back, ½ Turn Left, Step ½ Pivot Left.**
123 Rock forward on R, recover weight to L, step back on R.
456 Make a ½ turn L stepping forward on L, step forward on R, make a ½ turn L. 12 o'clock
- Section 2** **Travelling Twinkles Right and Left.**
123 Slightly travelling forward cross R over L, step L to L diagonal, step R to R diagonal.
456 Repeat on the L. 12 o'clock
***Restart during Wall 4 – Begin again facing 9 o'clock wall.**
****Add Tag/Restart during Wall 9 – Begin again facing 9 o'clock wall.**
- Section 3** **Cross Rock Hitch, Twinkle Back.**
123 Cross rock R over L, recover weight to L, hitch R knee around to behind L.
456 Cross step R behind L, step L back to L diagonal, step R back to R diagonal. 12 o'clock
- Section 4** **Behind Sweep, Behind ¼ Turn Left Step.**
123 Cross step L behind R, sweep R from in front to behind L over counts 2,3.
456 Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R. 9 o'clock
- Section 5** **Rock Recover ¼ Turn Left, Weave Left.**
123 Rock forward on L, recover weight to R, make a ¼ turn L stepping L to L side.
456 Cross R over L, step L to L side, cross step R behind L. 6 o'clock
- Section 6** **Side Drag, 1 ¼ Spiral Turn Right.**
123 Step L to L side, drag R to beside L over counts 2,3.
456 Make a ¼ turn R stepping forward on R, step down on L and unwind a full spiral turn R hooking R in front of L. 9 o'clock
- Section 7** **Step Sweep, Travelling Left Twinkle.**
123 Step forward on R, sweep L from behind to in front of R over counts 2,3.
456 Slightly travelling forward cross L over R, step R to R diagonal, step L to L diagonal. 9 o'clock
- Section 8** **Twinkle ½ Turn Right, Travelling Left Twinkle.**
123 Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.
456 Slightly travelling forward cross L over R, step R to R diagonal, step L to L diagonal. 3 o'clock
- *Restart** **During wall 4 - Dance up to and including Count 6 of Section 2 –
Then Restart facing 9 o'clock wall.**
- **Restart** **During wall 9 - Dance up to and including Count 6 of Section 2 – Add the Tag –
Then Restart facing 9 o'clock wall.**
- Tag:** **Cross Sweep, Cross Sweep.**
123 Cross R over L, sweep L from behind to in front of R on counts 2,3.
456 Cross L over R, sweep R from behind to in front of L on counts 5,6.

No Ending – just bring it home - lose yourself and enjoy

