

**SECTION A****SYNCOATED ROCK STEPS, VINE, STOMPS**

- 1 & Step right foot forward, rock weight onto left foot
- 2 & Step right foot back, rock weight onto left foot
- 3 & Step right foot forward, rock weight onto left foot
- 4 Touch right foot beside left foot
- 5 Step right foot to right side
- 6 Step left foot behind right
- 7 Step right foot to right side
- & 8 Keep weight on right foot and stomp left foot twice

**SYNCOATED ROCK STEPS, VINE, STOMPS**

- 1 & Step left foot forward, rock weight onto right foot
- 2 & Step left foot back, rock weight onto right foot
- 3 & Step left foot forward, rock weight onto right foot
- 4 Touch left foot beside right foot
- 5 Step left foot to left side
- 6 Step right foot behind left
- 7 Step left foot to left side
- & 8 Keep weight on left foot and stomp right foot twice

**RUNNING MAN, HITCH POINTS TO MAKE FULL TURN**

- 1 & Step right foot forward, scoot back on right foot, hitching left knee
- 2 & Step left foot forward, scoot back on left foot, hitching right knee
- 3 & Step right foot forward, scoot back on right foot, hitching left knee
- 4 & Step left foot forward, hitch right knee and turn 1/4 left
- 5 & Point right toe to right side, hitch right knee and turn 1/4 left
- 6 & Point right toe to right side, hitch right knee and turn 1/4 left
- 7 & Point right toe to right side, hitch right knee and turn 1/4 left
- 8 Point right toe to right side

**KICK BALL CHANGE, STEP PIVOTS**

- 1 Kick right foot forward
- & 2 Step ball of right foot beside left foot and change weight to left foot
- 3 - 4 Step right foot forward, turn 1/4 left, change weight to left foot
- 5 Kick right foot forward
- & 6 Step ball of right foot beside left foot and change weight to left foot
- 7 - 8 Step right foot forward, turn 1/4 left, change weight to left foot. (now facing new wall)

**SECTION B****PROGRESSIVE HIP BUMPS FORWARD**

- 1 Step right foot to right (45 degrees) and bump right hip
- & Shift weight to left foot and bump left hip
- 2 Shift weight to right foot and bump right hip
- 3 Step left foot to left (45 degrees) and bump left hip
- & Shift weight to right foot and bump right hip
- 4 Shift weight to left foot and bump left hip
- 5 Step right foot to right (45 degrees) and bump right hip
- & Shift weight to left foot and bump left hip
- 6 Shift weight to right foot and bump right hip
- 7 Step left foot to left (45 degrees) and bump left hip
- & Shift weight to right foot and bump right hip
- 8 Shift weight to left foot and bump left hip

**/It is important that weight remains on left foot at 45 degrees with right foot back at 45 degrees.**

**STEP BACK KICKS**

- 1 - 2 Shift weight to right foot and kick left foot left at 45 degrees
- 3 - 4 Step left foot back and kick right foot at 45 degrees
- 5 - 6 Step right foot back and kick left foot at 45 degrees
- 7 - 8 Step left foot back and touch right foot beside left

**VINE RIGHT, DOUBLE TIME VINE, TOUCH LEFT**

- 1 Step right foot to right side
- 2 Step left foot behind right
- 3 Step right foot to right side
- 4 Cross (in front) left foot over right
- & Step right foot to right side
- 5 Step left foot behind right
- & Step right foot to right side
- 6 Cross (in front) left foot over right
- & Step right foot to right side
- 7 Step left foot behind right
- & Step right foot to right side
- 8 Touch left foot beside right foot

**1/2 TURN MONTEREY, 1/2 TURN MONTEREY**

- 1 Point left toe to left side
- 2 Pivot half turn left, weight left foot
- 3 Point right toe to right side
- 4 Step right foot beside left (home) weight right foot
- 5 Point left toe to left side
- 6 Pivot half turn left, weight left foot
- 7 Point right toe to right side
- 8 Step right foot beside left (home) weight right foot

**VINE LEFT, DOUBLE TIME VINE, TOUCH RIGHT**

- 1 Step left foot to left side
- 2 Step right foot behind left
- 3 Step left foot to left side
- 4 Cross (in front) right foot over left
- & Step left foot to left side
- 5 Step right foot behind left
- & Step left foot to left side
- 6 Cross (in front) right foot over left
- & Step left foot to left side
- 7 Step right foot behind left
- & Step left foot to left side
- 8 Touch right foot beside left foot

**1/2 TURN MONTEREY, 1/2 TURN MONTEREY**

- 1 Point right toe to right side
- 2 Pivot half turn right, weight right foot
- 3 Point left toe to left side
- 4 Step left foot beside right (home), weight left foot
- 5 Point right toe to right side
- 6 Pivot half turn right, weight right foot.
- 7 Point left toe to left side
- 8 Step left foot beside right (home), weight left foot