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Medicine

88 Count, 2 Wall, Intermediate

Choreographer: Judith Campbell (NZ) April 2014

Choreographed to: Medicine by Shakira (feat. Blake Shelton),

Album : Shakira (Deluxe Version) (itunes)

Intro: 32 counts – 17 seconds in.

1 – 8 FWD COASTER – 2 WALKS BACK – BACK COASTER – 2 WALKS FWD

1&2 3 4 Step R fwd, step L next to R, step back on R, 2 walks back LR

5&6 7 8 Step L back, step R next to L, step fwd on L, 2 walks fwd RL

9 – 16 HALF MONTEREY – R STEP LOCK – SHUFFLE

1 2 3 4 Touch R to side, turning 1/2 to R closing R next to L, touch L to L side, close L next to R (6:00)

5 6 7&8 Step R fwd diag R, lock L behind R, step R fwd, step L next to R, step fwd on R (shuffle) (7:00)

17 – 24 L STEP LOCK – SHUFFLE – STEP HALF PIVOT – SHUFFLE FWD

1 2 3&4 Step L fwd diag L, lock R behind L, step L fwd, step R next to L, step fwd on L (shuffle) (5:00)

5 6 7&8 Step R fwd (straightening up to front), 1/2 pivot to L, shuffle R ft fwd (RLR) (12:00)

25 – 32 *KICK BALL CHANGE – 2 WALKS FWD – KICK B/CHANGE – STEP TAP

1&2 3 4 Kick L fwd, ball change LR, 2 walks fwd LR,

5&6 7 8 Kick L fwd, ball change LR, step fwd onto L, tap R next to L

33 – 40 SIDE BALL CHANGE – JAZZ BOX – FULL ROLL TO L – SIDE SHUFFLE

&1 2 Step R to R side on ball (&), step L in place, step R across L,

3 4 5 6 Step back on L, step R to R, (weight on R), full turn to the L - 1/ 2, 1/2, (LR)

7&8 Side shuffle to L, LRL

41 – 48 MODIFIED ROCKING CHAIR – SIDE TOE SWITCHES (touches) – HITCH TAP

1 2 3 4 Step fwd on R, recover onto L, step bk on R, recover onto L

Styling: As you do the rocking chair, turn the body to the LS on fwd rock/rec, then turn body to RS as you rock bk recover – straighten up on recover (4) - (Clicking fingers)

5&6&7 Touch/tap R to R side, step R to L(&), touch L to LS, step L to R (&), touch R to RS,

&8 Hitch R knee up close to L leg (&), touch R out to RS again.

49 – 56 R SAILOR – TAP BEHIND HALF TURN – STEP HALF PIVOT – SHUFFLE FWD

1&2 3 4 Step R behind L, step L to LS, step R in place. Tap L ft behind R, 1/2 turn L (weight onto L) (6:00)

5 6 7&8 Step fwd on R ft, 1/2 pivot to L, shuffle fwd RLR (12:00)

57 – 64 2 DOROTHY'S – STEP – 3 WALKS TURNING 3/4 TO THE L

1 2& Step L to L corner, lock R behind L, step L next to R (&), (10:00)

3 4& Step R to R corner, lock L behind R, step R next to L (&) (2:00)

5 6 7 8 3 walks around 3/4 to the L (LRL), tap R next to L (3:00)

65 – 72 ROCKING CHAIR – SIDE ROCK RECOVER – STEP – SIDE ROCK RECOVER

1 2 3 4 Step/Rock fwd on R, recover back on L, step/rock R back, recover fwd onto L ft.

5 6& 7 8 Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

73 – 80 STEP – ROCKING CHAIR – SIDE ROCK /REC – STEP – SIDE ROCK /REC

&1 2 3 4 Step L next to R (&), step/rock fwd on R, recover back on L, step/rock R bk, recover fwd onto L ft.

5 6& 7 8 Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

81 – 88 STEP – STEP FWD PADDLE TURN – STEP HALF PIVOT – STEP TAP, STEP TAP

&1 2 Step L next to R (&), step R fwd 1/4 turn L (paddle), (12:00)

3 4 Step fwd on R 1/2 pivot to L (6:00)

5 6 7 8 Step R to R side, tap L next to R, step L to LS, tap R next to L.

ONE RESTART:* On WALL 2 - Dance the first 32 counts then restart at beginning of dance again.

(This is just to keep the phrasing right for the chorus & Medicine lyrics)

FINISH: At the end of dance you will be doing the 3 walks just stop at (12:00) instead of facing (9:00). Shakira sings MEDICINE so just do the first rock fwd, recover back facing front.