

Back Tracking

INTERMEDIATE

64 Count 2 Walls

Choreographed by: Stephen "Razor Sharp" Sunter

Choreographed to: How Do I

Live Mr Mig Remix by LeAnn Rimes

Right & Left Sailor Steps, 1/4 Turns Right X 2.

- 1 & 2 Cross Right Behind Left. Step Left To Left Side. Step Right To Place.
3 & 4 Cross Left Behind Right. Step Right To Right Side. Step Left To Place.
5 - 6 Step Back Right Making 1/4 Turn Right. Step Left Beside Right.
7 - 8 Step Forward Right Making 1/4 Turn Right. Step Left To Left Side.

Right & Left Sailor Steps, 1/4 Turns Right X 2.

- 9 - 16 Repeat Section 1 - Steps 1 - 8

Syncopated Vine Right With Hitch, Point, Cross & Heel Twist.

- 17 - 18 Step Right To Right Side. Cross Left Behind Right.
& 19 - 20 Step Right To Right Side. Hitch Left Knee. Point Left Toe To Left Side.
21 - 22 Hitch Left Knee. Cross Left Over Right.
23 With Feet Crossed Twist Both Heel Right And Upper Body Left.
24 Twist Back To Centre.

Syncopated Vine Left With Hitch, Point, Cross & Heel Twist.

- 25 - 26 Step Left To Left Side. Cross Right Behind Left.
& 27 - 28 Step Left To Left Side. Hitch Right Knee. Point Right Toe To Right Side.
29 - 30 Hitch Right Knee. Cross Right Over Left.
31 With Feet Crossed Twist Both Heel Left And Upper Body Right.
32 Twist Back To Centre.

1 & 1/4 Turn Right, Right Shuffle, Rock Step, 1/2 Turn Shuffle.

- 33 Step Right 1/4 Turn Right.
34 On Ball Of Right Pivot 1/2 Turn Right Stepping Back Left.
35 On Ball Of Left Pivot 1/2 Turn Right Stepping Forward Right.
& 36 Close Left Beside Right. Step Forward Right.
37 - 38 Rock Forward On Left. Rock Back Onto Right.
39 On Ball Of Right Pivot 1/2 Turn Left Stepping Forward Left.
& 40 Slide Right Beside Left. Step Forward Left.

Full Turn & Right Shuffle, Rock, Back 1/2 Turn, 1/4 Turn Step.

- 41 On Ball Of Left Turn 1/2 Turn Left Stepping Back Right.
42 On Ball Of Right Turn 1/2 Turn Left Stepping Forward Left.
43 & 44 Step Forward Right. Close Left Beside Right. Step Forward Right.
45 - 46 Rock Back On Left. Touch Right Toe Back.
47 Turn 1/2 Turn Right Taking Weight Forward Onto Right.
48 On Ball Of Right Turn 1/4 Turn Right Stepping Left To Left Side.

Cross Behind, Clap, Side Steps, Cross Behind, Clap, Side Steps.

- 49 - 50 Cross Right Behind Left. Hold & Clap.
51 - 52 Step Left To Left Side. Step Right To Right Side.
53 - 54 Cross Left Behind Right. Hold & Clap.
55 - 56 Step Right To Right Side. Step Left To Left Side.
Note: During These Steps Travel Slightly Back.

Cross Behind, Clap, Side Steps, Cross Behind, Clap, Side Steps.

- 57 - 64 Repeat Section 7 - Steps 49 - 56.