



Approved by:

*Alan G. Binkley*

# Rocket (page 1)

## 2 WALL – PHRASED – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>PART A</b>			
<b>Section 1</b>	<b>Cross, Side, Behind, 1/4 Turn, Step, Pivot 1/2, Step, Pivot 1/4</b>		
1 – 2	Cross left over right. Step right to right side.	Cross Side	Right
3 – 4	Cross left behind right. Step right to right side making 1/4 turn right. (3:00)	Behind Turn	Turning right
5 – 6	Step left forward. Pivot 1/2 turn right. (9:00)	Step Pivot	
7 – 8	Step left forward. Make 1/4 turn left stepping right to right side. (6:00)	Step Turn	Turning left
<b>Section 2</b>	<b>1/2 Turn, Cross, 1/4 Turn, 1/2 Turn, Step, Pivot 1/2, Forward Shuffle</b>		
1 – 2	Make 1/2 turn left stepping left to left side. Cross right over left. (12:00)	Turn Cross	Turning left
3 – 4	Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. (9:00)	Quarter Half	Turning right
5 – 6	Step left forward. Pivot 1/2 turn right. (3:00)	Step Turn	
7 & 8	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
<b>Section 3</b>	<b>Kick &amp; Touch x 2, Sailor Step x 2</b>		
1 & 2	Kick right forward. Step right beside left. Touch left to left side.	Kick & Touch	On the spot
3 & 4	Kick left forward. Step left beside right. Touch right to right side..	Kick & Touch	
5 & 6	Cross right behind left. Step left to left side. Step right to place.	Right Sailor	
7 & 8	Cross left behind right. Step right to right side. Step left to place.	Left Sailor	
<b>Option</b>	During countdown: counts 1&2 shout '5'; in 3&4 shout '4'; in 5&6 shout '3', in 7&8 shout '2'.		
<b>Section 4</b>	<b>Cross Rock, Shuffle 1/4 Turn, Cross Rock, Coaster Step</b>		
1 – 2	Cross rock right over left. Recover onto left. (During countdown shout '1').	Cross Rock	On the spot
3 & 4	Shuffle turn 1/4 turn right, stepping - right, left, right. (6:00)	Shuffle Turn	Turning right
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
7 & 8	Step left back. Step right beside left. Step left forward. ( <b>Option:</b> Triple full turn left).	Coaster Step	
<b>Ending</b>	Dance ends here with triple full turn to front: add big step forward to right diagonal.		
<b>Section 5</b>	<b>Cross, Side, Cross Shuffle, Side Rock, Behind Side Cross</b>		
1 – 2	Cross right over left. Step left to left side.	Cross Side	Left
3 & 4	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	
5 – 6	Rock left to left side. Recover onto right.	Side Rock	On the spot
7 & 8	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
<b>Section 6</b>	<b>Toe Switches, Bounce 1/2 Turn</b>		
1 & 2	Touch right to right side. Step right beside left. Touch left to left side.	Right & Left	On the spot
& 3 & 4	Step left beside right. Touch right forward. Step right beside left. Touch left back.	& Forward & Back	
5 – 8	Bounce heels 4 times, making 1/2 turn left (weight ends on left). (12:00)	Bounce 2 3 4	Turning left
<b>Section 7</b>	<b>Chasse, Back Rock, Chasse 1/4 Turn, Back Rock</b>		
1 & 2	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
3 – 4	Rock back on left. Recover onto right.	Back Rock	On the spot
5 & 6	Step left to left side. Make 1/4 turn right stepping right beside left. Step left to side.	Chasse Turn	Turning right
7 – 8	Rock back on right. Recover onto left. (3:00)	Back Rock	On the spot
<b>Section 8</b>	<b>Forward Shuffle, Step, Pivot 1/2, Kick Ball Step, Step, Pivot 1/4</b>		
1 & 2	Step right forward. Step left beside right. Step right forward.	Right Shuffle	Forward
3 – 4	Step left forward. Pivot 1/2 turn right. (9:00)	Step Pivot	Turning right
5 & 6	Kick left forward. Step left beside right. Step right forward.	Kick Ball Step	On the spot
7 – 8	Step left forward. Pivot 1/4 turn right. (12:00)	Step Turn	Turning left
<b>Note</b>	On 5th sequence, shuffle forward stepping - left, right, left. (3:00)		

**CONTINUED...**

# Rocket (page 2)

## 2 WALL – PHRASED – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>PART B NOTE</b>	This section is <b>ONLY</b> danced to the chorus ('oh, oh, oh I got a rocket ..')		
<b>Section 1</b> 1 & 2 & 3 - 4 5 - 6 7 & 8 <b>Option</b>	<b>3/4 Paddle Turn Left, Hold, Forward Rock, Coaster Step</b> Making 1/4 turn left each time, touch right to side twice (touching on each 'oh'). Making 1/4 turn left, touch right to right side (on word 'oh'). Hold. (9:00) Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward. On the paddle turns, punch the air with your right arm.	Paddle Turns Paddle Hold Forward Rock Coaster Step	Turning left  On the spot
<b>Section 2</b> 1 & 2 & 3 - 4 5 - 6 7 & 8 <b>Option</b>	<b>3/4 Paddle Turn Right, Hold, Forward Rock, Coaster Step</b> Making 1/4 turn right each time, touch left to side twice (touching on each 'oh'). Making 1/4 turn right, touch left to left side (on word 'oh'). Hold. (6:00) Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward. On the paddle turns, punch the air with your left arm.	Paddle Turns Paddle Hold Forward Rock Coaster Step	Turning right  On the spot
<b>Section 3</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Jazz Box 1/4 Turn x 2</b> Cross right over left. Step left back (on word 'oh'). Making 1/4 turn right step right to side. Step left forward (on word 'oh'). (9:00) Cross right over left. Step left back (on word 'oh'). Making 1/4 turn right step right to right side. Step left forward. (12:00)	Cross Back Turn Step Cross Back Turn Step	Back Turning right Back Turning right
<b>Section 4</b> 1 - 2 3 & 4 5 & 6 7 & 8 <b>Note</b>	<b>Side Rock, Sailor Step x 2, Forward Shuffle</b> Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to right side. Step left to place. Step right forward. Close left beside right. Step right forward. First sequence only: Cross right behind left. Unwind 1/2 turn right. (6:00)	Side Rock Right Sailor Left Sailor Right Shuffle	On the spot  Forward
<b>Section 5</b> <b>Note</b> 1 & 2 & 3 - 4 5 - 6 7 & 8 <b>Option</b>	<b>3/4 Paddle Turn Right, Hold, Forward Rock, Coaster Step</b> <b>This section is a mirror image of the above part (except for last 2 counts)</b> Making 1/4 turn right each time, touch left to side twice (touching on each 'oh'). Making 1/4 turn right, touch left to left side (on word 'oh'). Hold. Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward. On the paddle turns, punch the air with your left arm.	Paddle Turns Paddle Hold Forward Rock Coaster Step	Turning right  On the spot
<b>Section 6</b> 1 & 2 & 3 - 4 5 - 6 7 & 8 <b>Option</b>	<b>3/4 Paddle Turn Left, Hold, Forward Rock, Coaster Step</b> Making 1/4 turn left each time, touch right to side twice (touching on each 'oh'). Making 1/4 turn left, touch right to right side (on word 'oh'). Hold. Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward. On the paddle turns, punch the air with your right arm.	Paddle Turns Paddle Hold Forward Rock Coaster Step	Turning left  On the spot
<b>Section 7</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Jazz Box 1/4 Turn x 2</b> Cross left over right. Step right back (on word 'oh'). Making 1/4 turn left step left to left side. Step right forward (on word 'oh'). Cross left over right. Step right back (on word 'oh'). Making 1/4 turn left step left to left side. Step right forward.	Cross Back Turn Step Cross Back Turn Step	Back Turning left Back Turning left
<b>Section 8</b> 1 - 2 3 & 4 5 & 6 7 - 8 <b>Note</b>	<b>Side Rock, Sailor Step x 2, Step, Pivot 1/2</b> Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. Step left forward. Pivot 1/2 turn right. Final Wall only: Step left forward. Pivot 1/4 turn right. (6:00)	Side Rock Left Sailor Right Sailor Step Pivot	On the spot  Turning right

**Choreographed by:** Alan Birchall (UK) March 2010

**Choreographed to:** 'Rocket' by Goldfrapp (131 bpm) from CD Head First or CD Single; also available as download from amazon.co.uk or iTunes (16 count intro - start on vocals)

**Sequence:** Part A; 32 counts of Part A; 32 counts of Part B;  
Part A; 32 counts of Part A; Part B;  
Part A (modified); Part B (modified); 32 counts of Part A; then BIG finish!



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)