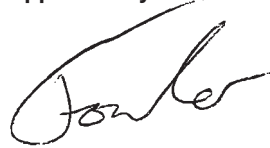




Approved by:



Keep On

4 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 & 6 & 7 & 8	Walk Forward x 2, Step, Pivot 1/2, 1/2 Turn, Coaster Cross, Scissor Step, Sweep Walk forward right. Walk forward left. Step right forward. Pivot 1/2 turn left. Turn 1/2 left stepping right back. Step left back. Step right beside left. Cross left over right. Step right to side. Step left beside right. Cross right over left. Sweep left round in front of right.	Right Left Step Pivot Turn Coaster Cross Scissor Step Sweep	Forward Turning left Right On the spot
Section 2 1 – 2 & 3 & 4 5 & 6 7 & 8 &	Cross, Back, & Forward Shuffle, Rock 1/4 Turn, Heel Jack Cross left over right. Step right back. Step left to side. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Turn 1/4 left stepping left to left side. Cross right over left. Step left to side. Touch right heel to right diagonal. Step right beside left. (9:00)	Cross Back & Right Shuffle Rock & Turn Cross & Heel Step	Back Forward Turning left Left On the spot
Section 3 1 – 2 & 3 – 4 5 – 6 7 & 8	Syncopated Box Step, Full Turn, Side Rock, Behind Side Cross Cross left over right. Step right back. Step left to side. Cross right over left. Make full turn left (weight on right). Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Cross left over right. (9:00)	Cross Back & Cross Turn Side Rock Behind Side Cross	Back Turning left On the spot Right
Section 4 Note 1 & 2 & 3 & 4 & 5 – 6 7 & 8	Travelling Switch Steps, Monterey 1/2 Turn, Side Mambo Slightly travel right on counts 1 – 4 &. Touch right to side. Step on right. Touch left heel forward. Step left beside right. Touch right to side. Step on right. Touch left heel forward. Step left beside right. Touch right to right side. Make 1/2 turn right stepping right beside left. Rock left to left side. Rock onto right. Step left beside right. (3:00)	Touch & Heel & Touch & Heel & Touch Turn Side Mambo	Right Turning right On the spot
Tag 1 & 2 3 & 4 5 & 6 Option 7 & 8 Option	Danced at the end of every Even Numbered Wall (2, 4, 6) Kick & Touch x 2, Sailor Full Turn Right, Sailor Full Turn Left Kick right forward. Step right beside left. Touch left to left side. Kick left forward. Step left beside right. Touch right to right side. Make full sailor turn right, stepping - right, left, right. Counts 5 & 6: Replace full sailor turn with 1/2 sailor turn right. Make full sailor turn left, stepping - left, right, left. Counts 7 & 8: Replace full sailor turn with 1/2 sailor turn left.	Kick & Touch Kick & Touch Sailor Turn Sailor Turn	On the spot Turning right Turning left
Ending	Dance ends after Tag on back wall: Make a sailor 1/2 turn right, and brush left shoulder with right hand twice on last 2 beats!		

Choreographed by: Rob Fowler (ES) July 2012

Choreographed to: 'Keep On' by Eric Church (94 bpm) from CD Chief; download available from amazon.co.uk or iTunes (24 count intro)

Tag: A Tag is danced at the end of every even numbered Wall - very simple!



A video clip of this dance is available at www.linedancermagazine.com