

First To Believe

36 count, 4 wall, Int/Adv level

Choreographer : Craig Cooke (UK) March 2001
Choreographed to : Be The First To Believe by A1
(130 bpm)

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ROCK, SHUFFLE AND SAILOR STEPS

- 1 & 2 Rock back onto right forward onto left
3 & 4 Right shuffle forward
5 & 6 Step right behind left, step left to left side and step right foot forward
7 & 8 Step left behind right, steps right to right side and step left foot forward.

HEEL SWITCHES, ROCKS AND CLAPS

- 9 & 10 Place right heel forward and bring back into place while changing weight to
 right foot place left heel forward and bring back to place
11 & 12 Rock right to right side and touch besides left
13 & 14 Left heel forward, right heel forward
15 & 16 Rock left out to left side and bring back into place

HEEL SWITCHES, ROCKS AND CLAPS

- 17 & 18 Place right heel forward and bring back into place while changing weight to
 right foot place left heel forward and bring back to place
19 & 20 Rock right to right side and touch besides left
21 & 22 Left heel forward, right heel forward
23 & 24 Rock left out to left side and bring back into place

SNAKE ROLLS FORWARD, SNAKE ROLLS TO SIDE & 1/4 TURN TO THE RIGHT

- 25 - 26 Snake roll forward
27 - 28 Snake roll forward
29 - 30 Snake roll to the left
31 - 32 Snake roll to the right while making 1/4 turn to the right side

NOTE: while doing snake rolls use head as a guide.

STREET WISE RUNNING MAN STEPS.

- 33 Jump feet diagonally apart. right foot forward left foot back
& Jump feet together hitching left knee
34 Jump feet diagonally apart left foot forward and right foot back
& Jump feet together hitching right knee
35 Jump feet diagonally apart, right foot forward and left foot back
& Jump feet together (both feet on the floor)
36 Jump feet diagonally apart, right foot forward and left foot back