

Centurion

100 Count, 4 Wall, Intermediate

Choreographer: Rob Fowler (Spain) April 2012

Choreographed to: My Heart's Broke Down (But My Mind's Made Up) by Dean Miller

Intro : 16 counts

1 Toe In, Kick, Cross, Toe In, Kick, Cross, Hop, Hop

1-2-3 Touch right toe beside left (right knee bent towards left), right kick diagonally forward, cross right over left

4-5-6 Touch left toe beside right (left knee bent towards right), left kick diagonally forward, cross left over right

7-8 Hop backward on left foot and tap right point behind left heel (twice)

2 Back-Heel-Step-Touch, Back-Heel-Step-Brush, Step ¼ Turn, Stomp, Stomp

&1&2 Step right back, touch left heel diagonally forward, step left beside right, touch right toe beside left

&3&4 Step right back, touch left heel diagonally forward, step left beside right, right brush forward

5-6 Step right forward, ¼ turn left (weight onto left)

7-8 Stomp right next left, stomp left next right

3 Side Toe Strut, Cross Toe Strut, Chassé to the Right, Back Rock, Recover

1-2-3-4 Step right toe side, drop right heel, step left toe cross right, drop left heel

5&6-7-8 Chassé (RLR) right side, rock left backward, recover to right

4 Side Toe Strut, Cross Toe Strut, Chassé to the Left, Back Rock, Recover

1-2-3-4 Step left toe side, drop left heel, step right toe cross left, drop right heel

5&6-7-8 Chassé (LRL) left side, rock right backward, recover to left

5 Figure of Eight

1-2-3-4 Step right to right, step left behind right, turn ¼ right and step right forward, step left forward

5-6-7-8 ½ turn right (weight onto right), ¼ turn right and step left to left, step right back,

¼ turn left and step left forward*

* TAGS on wall 4 (you are facing 12h00)

6 Right Shuffle forward, Left Rock forward, Recover, 1½ Turn left, Brush Right

1&2 Step right forward, close left beside right, step right forward

3-4 Rock left forward, recover onto right

5-6-7 ½ turn left and step left forward, ½ turn left and step right back, ½ turn left and step left forward

8 Brush right forward

*RESTART on wall 3 (you are facing 6h00)

7 Out-Out-In-In

1-2 Step right diagonally forward, step left to left

3-4 Step right center, step left beside right

8 Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)

3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back

7&8 Step right beside left, lift both heels off (bending the knees), drop heels

9 Right Side Rock Cross, Hold, Left Side Rock Cross, Hold

1-2-3-4 Rock right to right side, recover to left, step right cross left, hold

5-6-7-8 Rock left to left side, recover to right, step left cross right, hold

10 Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold

1-2-3-4 Step right forward, ½ turn left (weight onto left), step right forward, hold

5-6-7-8 Step left forward, ½ turn right (weight onto right), step left forward, hold

11 Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)
3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back
7&8 Step right beside left, lift both heels off (bending the knees), drop heels

12 Grapevine to the right, Touch, Grapevine ½ turn to the left, Brush

1-2-3-4 Step right to right, step left behind right, step right to right, touch left next right
5-6-7-8 Step left to left, step right behind left, ½ turn left and step left forward, brush right forward

13 Grapevine to the right, Touch, Grapevine ¼ turn to the left, Brush

1-2-3-4 Step right to right, step left behind right, step right to right, touch left next right
5-6-7-8 Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward

RESTART & TAG :

On wall 3 : RESTART at the end of section 6 (facing 6h00)

On wall 4 : TAG at the end of section 5 (Figure Of Eight) (facing 12h00)

Single

Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)
3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back
7&8 Step right beside left, lift both heels off (bending the knees), drop heels

Right Side Rock Cross, Hold, Left Side Rock Cross, Hold

1-2-3-4 Rock right to right side, recover to left, step right cross left, hold
5-6-7-8 Rock left to left side, recover to right, step left cross right, hold

Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold

1-2-3-4 Step right forward, ½ turn left (weight onto left), step right forward, hold
5-6-7-8 Step left forward, ½ turn right (weight onto right), step left forward, hold

Double

Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)
3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back
7&8 Step right beside left, lift both heels off (bending the knees), drop heels

Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)
3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back
7&8 Step right beside left, lift both heels off (bending the knees), drop heels

Right Side Rock Cross, Hold, Left Side Rock Cross, Hold

1-2-3-4 Rock right to right side, recover to left, step right cross left, hold
5-6-7-8 Rock left to left side, recover to right, step left cross right, hold

Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold

1-2-3-4 Step right forward, ½ turn left (weight onto left), step right forward, hold
5-6-7-8 Step left forward, ½ turn right (weight onto right), step left forward, hold

Single with extra and continue (final) :

Right Kick forward, Step back, Hip forward, Hip back (sit down) (6x), Together, Hop (3x)

1-2-3-4 Kick right forward, step right back with bumps (bend the knees and bump back),
bump forward (up), bump back
5-6-7-8 Bump forward (up), bump back (down), bump forward (up), bump back (down)
1-2-3-4 Bump forward (up), bump back (down), bump forward (up), bump back (down)
5-6 Bump forward (up), bump back (down)
1-2-3-4 Step right beside left, jump (3x)

Grapevine to the right, Touch, Grapevine ½ turn to the left, Brush

1-2-3-4 Step right to right, step left behind right, step right to right, touch left next right
5-6-7-8 Step left to left, step right behind left, ½ turn left and step left forward, brush right forward

Grapevine to the right, Touch, Grapevine ¼ turn to the left, Brush

1-2-3-4 Step right to right, step left behind right, step right to right, touch left next right

5-6-7-8 Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward

Final: Stomp right to right, stomp left to left, knees bend, body slightly turned to the left,
make big circles with right arm(clockwise)

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