



It's My Life



Script Approved by

Barry Amato

INTERMEDIATE/ADVANCED	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	Hip Roll, Step, Hip Roll, Touch, Hip Roll, Step, Hip Roll, Step.		
	1	Roll right hip out to right side stepping down on right (angle body to 10.00).	Hip	Right
	2	Step left beside right.	Together	
	3 - 4	Roll right hip out to right side stepping down on right. Touch left beside right.	Hip Touch	
	5	Roll left hip out to left side stepping down on left (angle body to 2.00).	Hip	Left
	6	Step right beside left.	Together	
	7 - 8	Roll left hip out to left side stepping down on left. Step right beside left.	Hip Together	
	Section 2	Step Out, Out, In, Cross, Twists, 1/4 Turn, Walk, Walk, Pivot, Step.		
	& 1	Step left out to left side. Step right out to right side. (Open body to centre).	Out Out	On the spot
& 2	Step left in to centre. Cross right over left.	In Cross		
3 & 4	Twist heels Right, Left, Centre making 1/4 turn left.	Twist & Turn	Turning left	
5 - 6	Walk forward left. Walk forward right.	Walk Walk	Forward	
7 - 8	Pivot 1/2 turn left. Step right forward.	Pivot Step	Turning left	
Section 3	Heel, Toe, 1/4 Turn Chasse, Knee Roll In, Out, 1/4 Turn, Step 1/2 Pivot.			
1	Tap left heel forward, leaning back slightly.	Heel	On the spot	
2	Tap left toe back, leaning forward slightly.	Toe		
3 & 4	Make 1/4 turn left stepping onto left. Close right beside left. Step left to left side.	Turn Chasse	Turning left	
5	Roll right knee in (use hips for styling.)	In	On the spot	
6	Make 1/4 turn right rolling right knee out, stepping down onto right.	Out	Turning right	
7 - 8	Step left forward. Pivot 1/2 turn right.	Step Pivot		
Section 4	Push & Turn, Touch Forward, Side, Walks x2, Step 1/2 Pivot.			
1 & 2	Push out to left side on ball of left. Step right in place. Step left 1/2 turn left.	Push & Turn	Turning left	
3 - 4	Touch right to right side. Touch right beside left.	Front Side	On the spot	
5 - 6	Walk right forward. Walk left forward.	Walk Walk	Forward	
7 - 8	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left	

4 Wall Line Dance:- 32 Counts. Intermediate/Advanced.

Choreographed by:- Barry Amato (USA) January 2004.

Choreographed to:- 'It's My Life' (127 bpm) by No Doubt from 'The Singles 1992 - 2003' CD, 16 count intro.