



Simply Mambo

For Wheelchair Users

4 WALL - 32 COUNTS - ABSOLUTE BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Roll Right, Roll To Centre, Roll Left, Roll To Centre		
1 - 2	Swivel chair to right diagonal.	Swivel	Right
3 - 4	Swivel chair left to return home.	Swivel	Left
5 - 6	Swivel chair to left diagonal.	Swivel	Left
7 - 8	Swivel chair right to return home.	Swivel	Right
Section 2	Roll/Rock Backward, Roll Forward		
1 - 2	Roll slowly backward.	Roll	Back
3 - 4	Roll slowly forward.	Roll	Forward
5 - 8	Roll forward	Roll	
Option	When moving forward or back, move shoulders from front to back.		
Section 3	Roll Forward, Roll/Rock Backward		
1 - 4	Roll forward.	Roll	Forward
5 - 6	Roll slowly forward.	Roll	
7 - 8	Roll slowly backward.	Roll	Backward
Section 4	Roll Backward, 1/4 Turn Left		
1 - 4	Roll backward.	Roll	Backward
5 - 8	Make 1/4 turn left.	Turn	Turning left
Note	When facing 12:00 after making 1/4 turn, shout 'Tequila'!		
Ending	As music ends: Replace 1/4 turn left with 1/2 turn left.		

Originally choreographed by: Val Myers and Deana Randle (UK) 2007

Adapted for wheelchair users by: Gilles Bataille (France) May 2009

Choreographed to: 'Tequila' by The Champs (176 bpm) from CD Tequila: The Champs, or Go Champs Go; also available as download from iTunes or amazon.co.uk (32 count intro)

Choreographer's Note: Start position - hands on the wheels