

STEPPIN' OFF

THE Page



Approved by:

Till I Gain Control

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 7 & 8	Forward Rock, Coaster Step, Step Pivot 1/4, Cross Shuffle Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward. Step left forward. Pivot 1/4 turn right. (3:00) Cross left over right. Step right to side. Cross left over right.	Rock Forward Coaster Step Step Pivot Cross Shuffle	On the spot Turning right Right
Section 2 1 – 2 3 & 4 5 – 6 7 & 8	Hinge 1/2 Turn, Forward Shuffle, Forward Rock, Sailor 1/4 Turn Turn 1/4 left stepping right back. Turn 1/4 left stepping left forward. (9:00) Step right forward. Close left beside right. Step right orward. Rock forward on left. Recover onto right. Cross left behind right turning 1/4 left. Step right to side. Step left forward. (6:00)	Hinge Half Right Shuffle Rock Forward Sailor Quarter	Turning left Forward On the spot Turning left
Section 3 1 – 2 3 & 4 5 – 6 7 & 8	Skate Skate, Forward Shuffle, Forward Rock, Coaster Cross Skate right forward to right diagonal. Skate left forward to left diagonal. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Step left back. Step right beside left. Cross left over right.	Skate Skate Right Shuffle Rock Forward Coaster Cross	Forward On the spot
Section 4 1 – 2 & 3 – 4 5 – 6 7 & 8	Side Behind, Ball Cross Side, Back Rock, Kick Ball Change Step right to side. Cross left behind right. Step ball of right to side. Cross left over right. Step right to side. Rock back on left. Recover onto right. Kick left forward. Step left beside right. Step right beside left.	Side Behind & Cross Side Rock Back Kick Ball Change	Right On the spot
Section 5 1 – 2 3 & 4 5 – 6 7 & 8	Side Together, Coaster Step, Side Together, Coaster Step Step left to side. Step right beside left. Step left back. Step right beside left. Step left forward. Step right to side. Step left beside right. Step right back. Step left beside right. Step right forward.	Side Together Coaster Step Side Together Coaster Step	Left On the spot Right On the spot
Section 6 1 – 2 3 & 4 5 – 6 Option 7 & 8	Forward Rock, Shuffle 1/2 Turn, Full Turn, Forward Shuffle Rock forward on left. Recover onto right. Shuffle step 1/2 turn left, stepping - left, right, left. (12:00) Make full turn left: stepping right back, left forward. Counts 5 – 6: Walk forward: right, left. Step right forward. Close left beside right. Step right forward.	Rock Forward Shuffle Half Full Turn Right Shuffle	On the spot Turning left Forward
Section 7 1 – 2 & 3 – 4 5 – 6 7 & 8	Side Behind, Ball Cross Side, Back Rock, Forward Shuffle Step left to side. Cross right behind left. Step ball of left to side. Cross right over left. Step left to side. Rock back on right. Recover onto left. Step right forward. Close left beside right. Step right forward.	Side Behind & Cross Side Rock Back Right Shuffle	Left On the spot Forward
Section 8 1 – 4 5 – 6 7 & 8	Rocking Chair, Step Pivot 1/2, Forward Shuffle Rock forward on left. Recover onto right. Rock back on left. Recover onto right. Step left forward. Pivot 1/2 turn right. (6:00) Step left forward. Close right beside left. Step left forward.	Rocking Chair Step Pivot Left Shuffle	On the spot Turning right Forward

Choreographed by: Yvonne van Baalen (NL) September 2015
Choreographed to: 'Til I Gain Control Again' by Blue Rodeo from CD Five Days In July;
 download available from amazon or iTunes
 (16 count intro)



A video clip of this
dance is available at
www.linedancerweb.com