

1 Round

32 count, 4 wall, beginner level

Choreographer: Karen Hedges (USA) May 2004

Choreographed to: How'd I Wind Up In Jamaica by

Tracy Byrd (141 bpm)

1-8 MAMBO ROCK, SHUFFLE, HITCH, POINT, HOLD, TOE SWITCHES

- 1& Rock forward R recover L
- 2 Step R next to L
- 3& Step forward L bring R to meet L
- 4 Step forward L
- & Hitch R
- 5-6 Point R side right, hold
- &7&8 Bring R center point L side left, bring L center point R side right

9-16 SALIOR STEP STEP, CROSS SHUFFLE, 1/2 TURN, KICK CROSS STEP

- 1 Step R behind L
- &2 Step L side left, step R
- 3 Cross L over R
- &4 Bring R to meet L cross L over R
- 5-6 Step forward R making 1/2 turn left, kick L forward
- 7& Cross L over R step side right
- 8 Step side left.

17-24 SAILOR SHUFFLE, TURNING SAILOR SHUFFLE, CROSS HOLD, CROSS HOLD

- 1 Step R behind L
- &2 Step side left step R
- 3 Step L behind R
- &4 ¼ turn left, step side right step L
- &5 Step ball of R behind L, cross L over R
- 6 Hold
- &7 Step ball of R behind L, cross L over R
- 8 Hold

25-32 MAMBO ROCK, MAMBO ROCK, ½ TURN ¼ TURN

- 1& Side rock R recover L
- 2 Bring R to meet L
- 3& Side rock L recover R
- 4 Bring L to meet R
- 5-6 Step forward R, ½ turn left shifting weight to L
- 7-8 Step forward R, ¼ turn left shifting weight to L.