



Approved by:



BFF (Best Friend Forever)

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Grapevine Right, Scuff, Grapevine Left, Scuff		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Scuff left forward.	Side Scuff	
5 – 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 – 8	Step left to left side. Scuff right forward.	Side Scuff	
Section 2	Modified Jazz Box Scuff x 2		
1 – 2	Cross right over left. Step left back.	Cross Back	On the spot
3 – 4	Step right to right side. Scuff left forward (or kick left forward).	Side Scuff	
5 – 6	Cross left over right. Step right back.	Cross Back	
7 – 8	Step left to left side. Scuff right forward (or kick right forward).	Side Scuff	
Section 3	Step Touch x 2 On Diagonals, Walk Back x 4		
1 – 2	Step right forward on right diagonal. Touch left beside right. (1:30)	Forward Touch	Forward
3 – 4	Step left forward on left diagonal. Touch right beside left. (10:30)	Forward Touch	
5 – 8	Step right back. Step left back. Step right back. Step left back. (Square up to 12:00)	Back 2 3 4	Back
Section 4	Side Right, Touch, Side Left, Touch, Cross, 1/4 Turn, Kick Ball Cross		
1 – 2	Step right to right side. Touch left beside right.	Side Touch	Right
3 – 4	Step left to left side. Touch right beside left.	Side Touch	Left
5 – 6	Cross right over left. Turn 1/4 left and step left back.	Cross Quarter	Turning left
7 & 8	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	On the spot
Tag	Danced at end of Walls 6 and 7: Side, Behind, Kick Ball Cross		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 & 4	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	On the spot

Choreographed by: Darren Bailey (UK) July 2012

Choreographed to: 'Everybody Needs A Friend' by Norah Jones from CD Ted: Original MP Soundtrack; download available from amazon.co.uk or iTunes (start on vocals)

Tag: One short Tag danced at the end of Walls 6 and 7



A video clip of this dance is available at www.linedancermagazine.com