

NIGHT CLUB MOVEMENTS TO THE SIDE

1 & 2
MAN: Hip sway left-right-left

LADY: Hip sway right-left-right

3 & 4
MAN: Hip sway right-left-right

LADY: Hip sway left-right-left

5 - 8
Repeat counts 1-4

REGULAR BASIC NIGHT CLUB

1 & 2
MAN: Rock left behind right, step down on right, stride to the side with left

LADY: Rock right behind left, step down on left, stride to the side with right

3 & 4
MAN: Rock right behind left, step down on left, stride to the side with right

LADY: Rock left behind right, step down on right, stride to the side with left

5 - 8
Repeat counts 1-4

LEFT TURNING BASIC

1 & 2
MAN: Rock left behind right, turn 1/4 left and step right forward, step forward with left

LADY: Rock right behind left, turn 1/4 right and step left forward, step forward with right

3 & 4
MAN: Turn 1/4 left and step right to right side (facing back wall), cross left foot over right, stride step to side with right

LADY: Turn 1/4 right and step left to left side (facing back wall), cross right foot over left, stride step to side with left

5 & 6
MAN: Rock left behind right, step down on right, stride step to the side with left

LADY: Rock right behind left, step down on left, stride step to the side with right

7 & 8
MAN: Rock right behind left, step down on left, stride to the side with right

LADY: Rock left behind right, step down on right, stride to the side with left

9 - 16
Repeat counts 1-8

RIGHT TURNING BASIC

1 & 2
MAN: Rock left behind right, step down on right, turn 1/4 turn right on ball of right foot and step left to left side

LADY: Rock right behind left, step down on left, turn 1/4 turn left on ball of left foot and step right to right side

3 & 4
MAN: Turn 1/4 right and step right to right side (should be facing back wall), cross left foot over right, stride step to the side with right

LADY: Turn 1/4 left and step left to left side (should be facing back wall), cross right foot over left, stride step to the side with left

5 & 6
MAN: Rock left behind right, replace forward with right, stride step to the side with left (start sliding hand-to-hand)

LADY: Rock right behind left, replace forward with left, stride step to the side with right (start sliding hand-to-hand)

7 & 8
MAN: Rock right behind left, replace forward with left, stride step to the side with right

LADY: Rock left behind right, replace forward with right, stride step to the side with left

9 - 16
Repeat counts 1-8

MAN ROCKS, BRINGS LADY RLOD, SLIDE TOGETHER; LADY ROCKS GOING RLOD, BACK DIAGONAL CROSS

1 & 2
MAN: Rock left behind right, turn 1/4 left and step right in place to side right, turn left and step forward

LADY: Rock right behind left, turn 1/4 right and step left in place to side left, turn right and step forward

- 3 & 4 MAN: Slide right diagonal with right foot, slide left foot up next to right and step, slide right diagonal forward with right foot
- LADY: Slide left diagonal with left foot, slide right foot up next to left and step, slide left diagonal forward with left foot**
- 5 & 6 MAN: Slide left diagonal forward with left foot, slide right foot up next to left and step, slide left diagonal forward with left foot
- LADY: Slide right diagonal forward with right foot, slide left foot up next to right and step, slide right diagonal forward with right foot**
- 7 & 8 MAN: Slide right diagonal with right foot, slide left foot up next to right and step, slide right diagonal forward with right foot
- LADY: Slide left diagonal with left foot, slide right foot up next to left and step, slide left diagonal forward with left foot**
- 9 - 16 Repeat counts 1-8 (into closed position to start over)

REPEAT

/On the final 8 counts, the man has an option to turn the lady or just go into closed position to start over. To turn the lady, start on count 6 and do an inside turn to the closed position.