

Bear Foot Shuffle

BEGINNER

36 Count 2 Walls

Choreographed by: Doreen Gray,

Doreen McCardle & Shuggie McCardle

Choreographed to: Me And My Baby by Dave Sheriff

Cross Unwind 1/2 Turn Left.

- 1 Cross Right Foot Over Left Foot
- 2 Unwind A 1/2 Turn Left
- 3 Pause For One Beat
- 4 Clap Hands
- 5 - 8 Repeat Steps 1 - 4

Kick Ball Change And Triple Steps

- 9 Kick Right Foot Forward
- & 10 Step Down On Right Foot And Quickly Change Weight To Left.
- 11 & 12 Repeat Steps 9 & 10
- 13 & 14 Triple Step Forward - Right Left Right (3 Steps = 2 Beats)
- 15 & 16 Triple Step Forward - Left Right Left (3 Steps = 2 Beats)

Jazz Box With 1/4 Turn Right, X 2

- 17 Cross Right Foot Over Left
- 18 Step Back On Left Foot
- 19 Step Right Foot To Make 1/4 Turn To Right
- 20 Step Left Foot Next To Right
- 21 - 24 Repeat Steps 17 - 20

Side Touches

- 25 - 26 Touch Right Toe To Right Side, And Replace
- 27 - 28 Touch Left Toe To Left Side, And Replace

Kick Ball Change And Triple Steps.

- 29 Kick Right Foot Forward
- & 30 Step Down On Right Foot And Quickly Change Weight To Left.
- 31 & 32 Repeat Steps 29 - 30
- 33 & 34 Triple Step Forward - Right Left Right (3 Steps = 2 Beats)
- 35 & 36 Triple Step Forward - Left Right Left (3 Steps = 2 Beats)