

Dolly Mixture

32 Count, 4 Wall, Intermediate

Choreographer: Kim Ray (UK) June 2009

Choreographed to: The Tracks of My Tears by

Dolly Parton, CD: Backwoods Barbie

Start position: Weight on right foot with left toe touched next to right

BALL CROSS, SIDE STEP, ROCK BACK/RECOVER, CHASSE RIGHT, CROSS UNWIND $\frac{3}{4}$ TURN RIGHT

- &1-2 Step left slightly back, cross right over left, step left to left side
- 3-4 Rock back on right, recover on left
- 5&6 Step right to right side, step left next to right, step right to right side
- 7-8 Cross left over right, unwind $\frac{3}{4}$ turn right (weight on right)

CHASSE LEFT, ROCK BACK/RECOVER, TOUCH BALL CROSS & CROSS, SIDE STEP

- 1&2 Step left to left side, step right next left, step left to left side
- 3-4 Rock back on right, recover on left
- 5&6 Touch right toe next to left, step slightly back on right, cross left over right
- &7 Step right slightly to right side, cross left over right
- 8 Step right to right side

ROCK BACK/RECOVER SIDE STEP, ROCK BACK/RECOVER, TRIPLE $\frac{3}{4}$ TURN LEFT, WALKS BACK

- 1&2 Rock back on left, recover on right, side step left
- 3-4 Rock back on right, recover on left
- 5&6 Triple on the spot $\frac{3}{4}$ turn left stepping right, left, right
- 7-8 Walk back on left, walk back on right

LEFT COASTER STEP, PIVOT $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN & SWAYS

- 1&2 Step back on left, step right next to right, step forward on left
- 3-4 Step forward on right, $\frac{1}{2}$ pivot turn left
- 5-6 $\frac{1}{4}$ turn left stepping right to right side and sway, sway left
- 7-8 Sway right, touch left next to right

TAG: Dance at the end of walls 2, 4 & 6

BALL JAZZ BOX, STEP FORWARD, SWAYS, TOUCH

- &1-2 Step left slightly back, cross right over left, step back on left
- 3-4 Step right to right side, step slightly forward on left
- 5-6 Step right to right side & sway, sway left
- 7-8 Sway right, touch left toe next to right