

Left & Right Heel Bounces.

- 1 - 4 Step Forward Left. Bounce Left Heel 3 Times.
& Quickly Step Left Beside Right.
5 - 8 Step Forward Right. Bounce Right Heel 3 Times.

2 X Sailor Shuffles, Syncopated Heel Swivels, Steps In & Out.

- 9 & 10 Cross Right Behind Left. Step Left To Left Side. Step Right In Place.
11 & 12 Cross Left Behind Right. Step Right To Right Side. Step Left In Place.
13 & 14 Step Forward Right. Twist Both Heels In. Twist Both Heels Out.
& 15 - 16 Step Feet Shoulder Width Apart - R lght Then Left. Clap Hands.

Modified Running Man.

- 17 Step Right Diagonally Forward Right & Left Diagonally Back Left.
& Slide Right In Towards Left And Hitch Left Knee.
18 Step Left Diagonally Forward Left & Right Diagonally Back Right.
& Slide Left In Towards Right And Hitch Right Knee.
19 & 20 & Repeat Steps 17 & 18 &

2 X 1/8 Turn Left,

- 21 - 22 Step Forward Right Making 1/8 Turn Left. Step Left In Place.
23 - 24 Step Forward Right Making 1/8 Turn Left. Step Left In Place.
Note: (rotate Hips Anti-clockwise (left) Twice As You Perform Steps 21-24)

Mashed Potatoe Steps (charleston Swivels).

- & 25 Swivel Both Heels Apart. Bringing Heels In Slide Right Back Behind Left.
& 26 Swivel Both Heels Apart. Bringing Heel In Slide Left Back Behind Right.
& 27 Swivel Both Heels Apart. Bringing Heels In Slide Right Back Behind Left.
& 28 Swivel Both Heels Out. Swivel Heel In.
& 29 Swivel Both Heels Apart. Bringing Heel In Slide Left Back Behind Right.
& 30 Swivel Both Heels Apart. Bringing Heels In Slide Right Back Behind Left.
& Swivel Both Heels Apart.

Coaster Step, Together.

- 31 & 32 Step Back Left. Step Right Beside Left. Step Forward Left.
& Step Right Beside Left.