



# Life On Mars

Script approved by



Ingemar Kardeskog

INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	<b>Section 1</b>	<b>Step, Touch, Back x 3, 1/2 Turn, Side, Cross, Rock, Side Cross</b>		
	1 - 3	Step forward right. Touch left beside right. Step back long step on left.	Step Touch Back	Back
	4 &	Step back right. Step back left.	Back Back	
	5	Make 1/2 turn right on ball of left stepping forward on right.	Turn	Turning right
	6 - 7	Step left to left side. Cross rock right over left.	Side Cross	Left
	8 & 1	Recover onto left. Step right to right side. Cross rock left over right.	Rock & Cross	Right
	<b>Section 2</b>	<b>3/4 Turn Right, Step, Right Coaster Step, Side, Sailor Step</b>		
	2 - 3	Turn 3/4 right stepping onto right. Step forward left. (Facing 3 o'clock)	Turn Step	Turning right
	4 & 5	Step back on right. Step left beside right. Step forward right.	Coaster Step	On the spot
6	Step left to left side.	Side	Left	
7 & 8	Sweep right behind left. Step left to left side. Step right to place.	Sailor Step	On the spot	
<b>Section 3</b>	<b>Side, Together, Cross, Side, Modified Sailor 1/2, Step, 1/2, Sweep 1/4</b>			
1 - 2	Step left to left side. Step right beside left.	Side Together	Left	
& 3	Cross left over right. Step right to side.	& Side	Right	
4	Sweep left from front to back turning 1/2 left stepping left behind right.	Sweep	Turning left	
<b>(Restart)</b>	Wall 4: restart here at counts 7 & 8, section 2. Sweep as ordinary sweep 1/2 turn.			
& 5	Step right to right side. Step forward left.	& Step	Forward	
6 & 7	Step forward right. Turn 1/2 left on left. Step forward right	Step Turn Step	Turning left	
8	Sweep left forward turning 1/4 right. Option: Full turn and 1/4 turn right.	Turn	Turning right	
<b>Section 4</b>	<b>Cross, Back Lock, Modified Sailor 1/4, Step, Sway x 2, Together, Step</b>			
1	Cross left over right.	Cross	Right	
2 & 3	Step back on right. Lock left across right. Step back on right.	Back Lock Back	Back	
4 & 5	Sweep left behind right. Turn 1/4 left stepping right to side. Step left to place.	Sailor Turn	Turning left	
6 - 7	Sway to right shifting weight to right. Sway to left shifting weight to left.	Sway Sway	On the spot	
8 &	Step right beside left. Step left forward.	Step &		
<b>Ending:-</b>	<b>Danced on 6th wall, during section 1, on count 7 (facing 3 o'clock):</b>			
1	Turn to angle body towards front wall and hold (or do your own big finish!)			



Music track available on the Crystal Boot Award Workshop CD 2006.  
11 tracks produced by Tiny Dancer Records. See page 31 for details or call 01704 392300.



**4 Wall Line Dance:-** 32 Counts. Intermediate.  
**Choreographed by:-** Ingemar Kardeskog (Sweden) December 2005.  
**Preferred Track:-** 'A Whiter Shade of Pale' by Sarah Brightman (74 bpm) from The Very Best Of 1990-2001.  
 32 count intro - start on vocals. **No restarts.**  
**Choreographed to:-** 'Life On Mars?' by David Bowie (62 bpm) from Best of David Bowie 1969/1974 Album (32 count intro from "It's a god-awful ...", on lyrics "But the film is a saddening bore" - 37 seconds from beginning).  
**Restart:-** When using Life On Mars track there is one restart, on 4th wall, after count 4 in section 3. Begin again from counts 7 & 8 in section 2 (last 2 counts in section 2) and dance through to end of dance.