



Music updated for 2012

Approved by:

Michael Vera-Lobos

Patient Heart 2012

2 WALL – 48 COUNTS – INTERMEDIATE

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Section 1 1 – 2 3 & 4 5 – 6 7 & 8 | Walk Forward x 2, Forward Shuffle, Step, Pivot 1/4, Cross Shuffle Walk forward right. Walk forward left. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left over right. | Right Left Right Shuffle Step Quarter Cross Shuffle | Forward Turning right Right |
| Section 2 1 – 2 3 & 4 5 – 6 7 & 8 | 3/4 Turn, Forward Shuffle, Step, Pivot 1/4, Diagonal Lock Step Forward Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/4 turn right. Step left forward on right diagonal. Lock right behind left. Step left forward on right diagonal. (Counts 7 & 8: angle body to right) | Quarter Half Right Shuffle Step Quarter Left Lock Left | Turning left Forward Turning right Forward |
| Section 3 & 1 2 – 3 & 4 5 – 6 7 – 8 | Lock Step, Kick, Kick Ball Change 1/4 Turn, Scuff, 1/4 Turn, Scuff 1/2, Back Lock right behind left. Step left forward on right diagonal (body angled to right). Kick right forward twice to left diagonal. Making 1/4 turn right step right beside left. Step left in place. Scuff right forward. Step right 1/4 turn right. Scuff left forward making 1/2 turn right on ball of right. Step left back. | Lock Left Kick Kick Ball Change Scuff Quarter Half Back | Forward On the spot Turning right |
| Section 4 1 & 2 3 & 4 & 5 & 6 7 – 8 | Forward Shuffle x 2, Jumps Out & In, Heel Bounces Step right forward. Close left beside right. Step right forward. Step left forward. Close right beside left. Step left forward. Jump feet apart, stepping - right, left. Jump feet together, stepping - right, left. Bounce heels twice. | Right Shuffle Left Shuffle Out Out In In Bounce Bounce | Forward On the spot |
| Section 5 1 2 3 – 4 5 6 7 – 8 | Right and Left Scuffs with Toe Touch and Heel Taps Angling Body Scuff right forward across left, body angled left. Turn to face right diagonal stepping right toe to floor. Tap right heel twice, taking weight on second heel tap. Scuff left forward across right, body angled right. Turn to face left diagonal stepping left toe to floor. Tap left heel twice, taking weight on second heel tap. | Scuff Touch Tap Tap Scuff Touch Tap Tap | Left diagonal Right diagonal On the spot Right diagonal Left diagonal On the spot |
| Section 6 1 & 2 3 & 4 5 – 6 7 – 8 | Kick Ball Change, Kick Ball 1/4 Turn, Step, Pivot 1/2, Step, Pivot 1/2 Kick right forward. Step right beside left. Step left in place. Turning 1/4 left kick right forward. Step right beside left. Step left in place. Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left. | Kick Ball Change Turn Ball Change Step Pivot Step Pivot | On the spot Turning left |

Choreographed by: Michael Vera-Lobos and Lisa Foord (AU) 1999

Choreographed to: 'Beers Ago' by Toby Keith; download available from Amazon
(Note: there was a Tag, not needed here, which was danced when using the original 'Patient Heart' track)

Special thanks: To Dave Baycroft for suggesting this 2012 track



A video clip of this dance is available at www.linedancermagazine.com