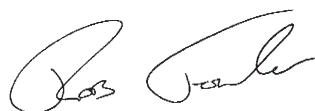




Approved by:



# Mamma Do

## 4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Syncopated Grapevine With Rock Step, Full Rolling Turn</b>		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
& 3 - 4	Step right to right side. Cross rock left over right. Recover onto right.	& Cross Rock	
5 - 6	Step left 1/4 turn left. Make 1/2 turn left and step right back	Quarter Half	Turning left
& 7 - 8	Make 1/4 turn left and step left to side. Cross right over left. Step left to side.	Quarter Cross Side	
<b>Section 2</b>	<b>Cross, Touch, Paddle 1/4 Turn x 2, Kick, Cross, &amp; Side Cross</b>		
1 - 2	Cross right over left. Touch left to left side.	Cross Touch	Left
3 - 4	Turn 1/4 right touching left to side. Turn 1/4 right touching left to side.	Paddle Turns	Turning right
5 - 6	Kick left forward. Cross left over right.	Kick Cross	Right
& 7 - 8	Step right back. Step left to left side. Cross right over left.	& Side Cross	Left
<b>Section 3</b>	<b>Syncopated Grapevine, 1/4 Turn, Coaster Step, Step, Pivot 1/2</b>		
1 - 2	Step left to left side. Cross right behind left.	Side Behind	Left
& 3 - 4	Step left to side. Cross right over left. Make 1/4 turn right and step left back.	& Cross Turn	Turning right
5 & 6	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
7 - 8	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
<b>Section 4</b>	<b>Step, Brush, 1/4 Turn, Bend Knee, 1/4 Turn, Cross, &amp; Side</b>		
1 - 2	Step left forward. Brush right forward.	Step Brush	Forward
3 - 4	Make 1/4 turn right and step right to right side. Bend right knee in.	Turn Bend	Turning right
5 - 6	Make 1/4 turn right (keeping weight on left). Cross right over left.	Turn Cross	
& 7 - 8	Step left back. Step right to right side. Cross left over right.	& Side Cross	Right
<b>Tag</b>	<b>End of Wall 4 (facing 12:00): 1/4, Touch, Paddle 1/2, Kick Cross &amp; Side Touch</b>		
1 - 2	Step right 1/4 turn right. Touch left to left side.	Turn Touch	Turning right
3 - 4	Make 1/4 turn right, touching left to left side. Repeat 1/4 turn and left touch.	Paddle Turn Paddle Turn	
5 - 6	Kick left forward. Cross left over right.	Kick Cross	Right
& 7 - 8	Step right back. Step left to left side. Touch right beside left.	& Side Touch	Left

**Choreographed by:** Rob Fowler (UK) June 2009

**Choreographed to:** 'Mama Do' by Pixie Lott from CD Mama Do (Uh Oh Uh Oh); also available as download on amazon.co.uk or iTunes (start on vocals)

**Tag:** There is one 8-count Tag, danced at the end of Wall 4



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)