

Live It Up

32 Count, 4 Wall, Improver

Choreographer: Ivonne Verhagen

Choreographed to: Live It Up by A Few Best Men

Intro: 32 counts (on vocals)

S1 MAMBO FORWARD, MAMBO BACK, STEP, SIDE ROCK, STEP SIDE ROCK

1&2 RF rock forward, weight back on LF, RF step back
3&4 LF rock back, weight on RF, LF step forward
5&6 RF step forward, LF rock left to the side, weight on RF
7&8 LF step forward, RF rock right to the side, weight on LF

S2 KICK FORWARD & KICK FORWARD, ¼ TURN LEFT, &OUT &IN, STEP ¼ TURN LEFT

1&2& RF kick forward, RF step down, LF kick forward, LF step down
3,4 RF step forward, ¼ turn left & weight on LF
&5&6 RF step out, LF step out, RF step in, LF step in (both arms up on count 5, arms down on count 6)
7,8 RF step forward ¼ turn left & weight ends on LF
*** Restart in wall 3**

S3 WALK, WALK, SAILOR ½ TURN, HEEL GRIND, COASTER STEP

1,2 Walk Right forward, walk Left forward
3&4 Cross Right behind Left, ½ turn right and step left to side,
Step Right slightly forward
5,6 LF step heel forward, ¼ turn left on LF heel, RF step back
7&8 LF step back, RF close to LF, LF step forward
**** Restart in wall 6**

S4 &OUT &IN, STEP ¼ TURN LEFT, KICK, ¼ TURN RIGHT, TOUCH, ½ TURN LEFT (WEIGHT ENDS ON LF)

&1 RF step out, LF step out,
&2 RF step in, LF step in (both arms up on count 5, arms down on count 6)
3,4 RF step forward, ¼ turn left (weight ends on LF)
5&6 RF kick forward, ¼ turn right step on RF, LF touch to the left side
7,8 RF make ½ turn left on RF & drag LF to RF (weight ends on LF)

***Restart:**

In wall 3 you will have a restart after 16 counts.

****Restart:**

In wall 6 you will have a restart after 24 counts

Music download available from iTunes