



Approved by:

Kim Ray

In My Arms

4 WALL – 32 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Step, Hold, Ball Step Step (x 2)		
1 – 2	Step right forward. Hold.	Step Hold	Forward
& 3 – 4	Step left beside right. Step right forward. Step left forward.	Ball Step Step	
5 – 6	Step right forward. Hold.	Step Hold	
& 7 – 8	Step left beside right. Step right forward. Step left forward.	Ball Step Step	
Section 2	Forward Rock, Side Rock, Jazz Box 1/4 Cross		
1 – 2	Rock forward on right. Recover onto left.	Rock Forward	On the spot
3 – 4	Rock right to right side. Recover onto left.	Rock Right	
5 – 6	Cross right over left. Step left back.	Cross Back	
7 – 8	Make 1/4 turn right stepping right to right side. Cross left over right.	Turn Cross	Turning right
Section 3	Side, Hold, Ball Side Touch (x 2)		
1 – 2	Step right to right side. Hold.	Right Hold	Right
& 3 – 4	Step left beside right. Step right to right side. Touch left beside right.	Ball Right Touch	
5 – 6	Step left to left side. Hold.	Left Hold	Left
& 7 – 8	Step right beside left. Step left to left side. Touch right beside left.	Ball Left Touch	
Section 4	Back Rock, Forward Shuffle, Step, Pivot 1/2, Forward Shuffle		
1 – 2	Rock back on right. Recover onto left.	Rock Back	On the spot
3 & 4	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
5 – 6	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
7 & 8	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward

Choreographed by: Kim Ray (UK) August 2011

Choreographed to: 'In My Arms' by Teddy Thompson (130 bpm) from CD A Piece of What You Need; also available as download from amazon.co.uk or iTunes (32 count intro)



A video clip of this dance is available at www.linedancermagazine.com