



Approved by:



Alabama Boy

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 &	Heel, Hook, Heel, Hitch, Coaster Step, Scuff, Lock Step, Scuff, Mambo, Hitch Touch right heel forward. Hook right across left. Touch right heel forward. Hitch right. Step right back. Step left beside right. Step right forward. Scuff left forward. Step left forward. Lock right behind left. Step left forward. Scuff right forward. Rock forward on right. Rock back onto left. Step right back. Hitch left.	Heel Hook Heel Hitch Coaster Step Scuff Left Lock Left Scuff Mambo Step Hitch	On the spot Forward On the spot
Section 2 1 & 2 & 3 & 4 5 & 6 & 7 & 8	Step Back Hitch x 2, Coaster Step, Toe Touches, Hitch, Side Rock Cross Step left back. Hitch right. Step right back. Hitch left. Step left back. Step right beside left. Step left forward. Touch right to right side. Touch right beside left. Touch right to side. Hitch right. Rock right to right side. Recover onto left. Cross right over left.	Back Hitch Back Hitch Coaster Step Out In Out Hitch Rock & Cross	Back On the spot
Section 3 1 & 2 & 3 & 4 5 & 6 7 & 8	Side, Hinge 1/2 Turn x 2, Rumba Box, Sailor 1/4 Turn Step left to left side. Hinge turn 1/2 right and hitch right. (6:00) Step right to right side. Hinge turn 1/2 right and hitch left. (12:00) Step left to left side. Step right beside left. Step left forward. Step right to right side. Step left beside right. Step right back. Sweep/cross left behind right turning 1/4 left. Step right to side. Step left forward.	Side Half Side Half Side Together Forward Side Together Back Sailor Quarter Turn	Turning right Left Right Turning left
Section 4 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 &	Forward Rock, Side Rock, Lock Step Back, Kick, Back x 2, Coaster Step, Scuff Rock right forward. Recover onto left. Rock right to side. Recover onto left. (9:00) Step right back. Lock left across right. Step right back. Kick left forward. Step left back. Touch right forward. Step right back. Touch left forward. Step left back. Step right beside left. Step left forward. Scuff right forward.	Forward Rock Side Rock Back Lock Back Kick Back Touch Back Touch Coaster Step Scuff	On the spot Back On the spot
Tag 1 – 4	Danced after Walls 2 and 5: Rocking Chair Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Rocking Chair	On the spot
Ending	Last Wall: Dance to count 21 (step right to right side) then do Sailor 1/2 Turn Cross left behind right turning 1/2 left. Step right to side. Step left forward.	Sailor Half Turn	Turning left

Choreographed by: Francien Sittrop (NL) December 2013

Choreographed to: 'Alabama Boy' by Kacey Smith from CD Country Girl; download available from amazon or iTunes (36 count intro)

Tag: One easy Tag danced after Walls 2 and 5



A video clip of this dance is available at www.linedancermagazine.com