

Polka Dot

32 count, 4 wall, improver level

Choreographer: Dynamite Dot (UK) July 2007
Choreographed to: I'm At Home On The Range by
Suzy Boggus (124 bpm)

16 count intro – start on vocals.

- 1 - 8** **Left lock & R lock/Fwd touch/R shuffle back**
1 2 & 3 4 Step left fwd and lock right behind. On the & count place weight on left
 stepping slightly to left. Step fwd right and lock left behind
& 5 6 7 & 8 On the & count step right slightly to right. Step fwd on left and touch
 right to left heel. Do a right shuffle traveling back
- 9 - 16** **2 x ½ shuffle turn L/Back rock/L kick & cross**
1 & 2 3 & 4 Make 2 x ½ shuffle turns to left traveling back
5 6 7 & 8 Left back rock. Left kick to left diagonal. Left to side and cross right over left
- 17 - 24** **L side rock/L & R sailor steps/L sailor ¼ turn L**
1 2 3 & 4 Rock left to side and recover on right. Left sailor step
5 & 6 7 & 8 Right sailor step. Left sailor step making ¼ turn to left
- 25 - 32** **R tap kick shuffle back/L tap kick/L back rock**
1 2 3 & 4 Tap right toe slightly fwd and kick right fwd. Right shuffle traveling back
5 6 7 8 Tap left toe slightly fwd and kick left fwd. Rock back on left and recover on right

Note: Polka is energetic and fun. Once familiar with steps, travel and make steps larger – room permitting