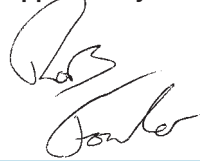




Approved by:



# Goodbye Monday

## 4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Stomp, Clap, Stomp, Clap, Stomp, Clap Clap (and repeat on opposite foot)</b>		
1 & 2 &	Stomp right to side. Clap hands to right. Stomp left to side. Clap hands to left.	Stomp Clap Stomp Clap	On the spot
3 & 4	Stomp right to side. Clap hands to right twice.	Stomp Clap Clap	
5 & 6 &	Stomp left to side. Clap hands to left. Stomp right to side. Clap hands to right.	Stomp Clap Clap	
7 & 8	Stomp left to side. Clap hands to left twice.	Stomp Clap Clap	
<b>Section 2</b>	<b>Mambo Forward, Mambo Back, Forward Shuffle, Forward Rock, 1/4 Turn, Touch</b>		
1 & 2	Rock forward on right. Rock back on left. Step right slightly back.	Mambo Forward	On the spot
3 & 4	Rock back on left. Rock forward on right. Step left slightly forward.	Mambo Back	
5 & 6	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
7 &	Rock forward on left. Recover onto right.	Rock Forward	On the spot
8 &	Turn 1/4 left stepping left to side. Touch right beside left. (9:00)	Quarter Touch	Turning left
<b>Section 3</b>	<b>Side, Touch, Side, Touch, Chasse (x 2)</b>		
1 & 2 &	Step right to side. Touch left beside right. Step left to side. Touch right beside left.	Side Touch Side Touch	On the spot
3 & 4	Step right to side. Close left beside right. Step right to side.	Chasse Right	Right
5 & 6 &	Step left to side. Touch right beside left. Step right to side. Touch left beside right.	Side Touch Side Touch	On the spot
7 & 8	Step left to side. Close right beside left. Step left to side.	Chasse Left	Left
<b>Section 4</b>	<b>Forward Shuffle, Step, Pivot 1/2, Step, Toe Heel Stomp x 2</b>		
1 & 2	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
3 & 4	Step left forward. Pivot 1/2 turn right. Step left forward. (3:00)	Step Pivot Step	Turning right
<b>Restart</b>	<b>Wall 2:</b> Start the dance again at this point.		
5 & 6	Touch right toe to left instep. Touch right heel to left instep. Stomp right beside left.	Toe Heel Stomp	On the spot
7 & 8	Touch left toe to right instep. Touch left heel to right instep. Stomp left beside right.	Toe Heel Stomp	

**Choreographed by:** Rob Fowler (ES) February 2014

**Choreographed to:** 'Goodbye Monday' by Maggie Rose (104 bpm) from CD Cut To Impress; download available from amazon or iTunes (32 count intro - approx 19 secs)

**Restart:** One Restart during Wall 2 after count 28



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)