

SIDE SHUFFLE RIGHT WITH 1/2 TURN & SIDE SHUFFLE LEFT TWICE

- 1 & 2 Side shuffle right with 1/2 turn right stepping - right-left-right
3 & 4 Side shuffle left stepping - left-right-left
5 & 6 Side shuffle right with 1/2 turn right stepping - right-left-right
7 & 8 Side shuffle left stepping - left-right-left

HEEL DIGS & HEEL SWITCHES

- 9 - 10 Touch right heel forward, step right beside left
1 - 12 Touch left heel forward, step left beside right
13 & Touch right heel forward, step right beside left
14 & Touch left heel forward, step left beside right
15 & Touch right heel forward, step right beside left
16 Touch left heel forward

SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

- 17 & 18 Step forward left, close right beside left, step forward left
19 - 20 Rock forward on right, rock back onto left
21 & 22 Step back right, close left beside right, step back right
23 - 24 Rock back left, rock forward right

SIDE, CLOSE, SIDE, TOUCH WITH ARM SWING & CLICK, RIGHT LUNGE

- 25 Step left to left side, (push elbows back)
26 Step right beside left, (swing arms forward and click fingers)
27 - 28 Step left to left side, touch right beside left (repeat arm moves)
29 - 30 Step right large step right with knee bent (lunge), hold
31 - 32 Slide left foot to right, step left beside right (weight ends on left)

1/2 TURN CHUGS, FULL TURN CHUGS, CROSS, UNWIND FULL TURN

- 33 - 35 On ball of left use right toe to make 1/2 turn left in 3 toe pushes
36 Step right beside left taking weight
37 - 40 On ball of right use left toe to make a full turn right in 4 pushes
41 Cross left toe over right
42 - 44 Unwind full turn right, taking weight onto left

HANDS: (OPTIONAL) TO BE DANCED DURING CHORUS, WALLS 2,4,6,7

- 1 - 8 Roll arms calypso style during shuffles
9 - 12 With each heel dig swing thumbs up towards head then down again
29 - 30 Point right index finger up to right diagonal, left hand on hip
33 - 40 With palms flat at either side of head, elbows out, move hands in small circles as if shampooing hair

REPEAT