

There are some great soul Line dances coming out of US these days and this is one of my favourites. Step sheets are hard to get though but fortunately Winnie Yu of Toronto documented this dance from the video and I've adapted it for the magazine's format.

Let's Get It Poppin'

4 WALL - 32 COUNTS - BEGINNER

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Forward Shuffle x 2, Back Shuffle, Back, Together, Step		
1&2	Step right forward diagonally right. Step left beside right. Step right forward □	Right Shuffle	Forward Diagonal
3&4	Step left forward diagonally left. Step right beside left. Step left forward.	Left Shuffle	
5&6	Step right back diagonally right. Step left beside right. Step right back □	Right Shuffle	Back Diagonal
7&8	Step left back (square up to 12:00). Step right beside left. Step left in place □	Step Together Step	Back
Section 2	Bend Knees, Dip, Step, Touches (in, out, in), Step, Touch, Touches (out, in, out)		
1&2	Bend knees. Dip down. Straightening up step right to right side. (Styling option – hold left arm straight in front.)	Bend Dip Side	Right
3&4	Touch left beside right. Touch left to left side. Touch left beside right.	In Out In	
5-6	Step left big step to left side. Touch right beside left.	Step Touch	Left
7&8	Touch right to right side. Touch right beside left. Touch right to right side.	Out In Out	On the spot
Section 3	Heel Switches, Point Touches Making 1/4 Turn x 4		
1-2	Touch right heel forward. Step right beside left.	Heel Step	On the spot
3-4	Touch left heel forward. Step left beside right.	Heel Step	
5&6&7&8&	Making progressive 1/4 turn left touch right to right side, touch right beside left x 4.	Out In x 4	Turning left
Easier option for 5&6&7&8&	Paddle Turns Making 1/4 Turn x 4 Touch right to right side, turn 1/16 left stepping onto left x 4		

Choreographed by:

Bernadette Burnette
US
2011

Choreographed to:

'Get It Poppin' by Fat Joe ft. Nelly available as a download from amazon.co.uk (101 bpm) (16 count intro)