



Forget Your Troubles

Script approved by

Ruthie B



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STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Right Lock Forward, Left Lock Forward, Step Clap, 1/2 Turn Clap x2.		
1 & 2	Step right forward. Lock left behind right. Step right forward.	Right Lock Step	Forward
3 & 4	Step left forward. Lock right behind left. Step left forward.	Left Lock Step	
5 &	Step right forward. Hold & clap.	Step Hold	
6 &	Pivot 1/2 turn left. Hold & clap.	Turn Hold	Turning left
7 & 8 &	Repeat steps 5 & 6 &.		
Section 2	Slow Vaudevilles with Kicks, Left & Right Sways.		
1 &	Step right to right side. Cross left over right.	Side Cross	Right
2 &	Step right to right side. Kick left diagonally forward left.	Side Kick	
3 &	Step left to left side. Cross right over left.	Side Cross	Left
4 &	Step left to left side. Kick right diagonally forward right.	Side Kick	
5 - 8	Stepping right to right side sway right. Sway left, right, left.	Sway 6, 7, 8.	On the spot
Styling:-	On counts 5 - 8; arms bent at elbows with hands stretched out for attitude.		
Section 3	Extended Weave Right, Back Rock, Extended Weave Left, Back Rock.		
1 &	Step right to right side. Cross left behind right.	Step Behind	Right
2 &	Step right to right side. Cross left over right.	Side Cross	
3 &	Step right to right side. Hold.	Side Hold	
4 &	Rock back on left. Rock forward onto right.	Back Rock	
5 &	Step left to left side. Cross right behind left.	Step Behind	Left
6 &	Step left to left side. Cross right over left.	Side Cross	
7 &	Step left to left side. Hold.	Side Hold	
8 &	Rock back on right. Rock forward onto left.	Back Rock	
Section 4	Toe Struts x4, Kick, Cross, Unwind 1/2 Turn With Heel Bounces, Clap.		
1 &	Step right toe to right side. Drop right heel taking weight.	Right Strut	Right
2 &	Cross left toe over right. Drop left heel taking weight.	Cross Strut	
3 & 4 &	Repeat steps 1 & 2 &.		
5 - 6	Kick right forward diagonally right. Cross right over left.	Kick Cross	On the spot
7 & 8 &	Unwind 1/2 turn left bouncing heels 3 times. Hold & Clap.	Bounce 2, 3, Hold	Turning left

BEGINNER/INTERMEDIATE

2 Wall Line Dance:- 32 Counts. Beginner/Intermediate.

Choreographed by:- Ruthie B (UK) June 2002.

Choreographed to:- 'Get Happy' (88 bpm) by Zoe Birkett from 'Pop Idol; The Big Band Album' CD (start on vocals, after drum intro).