



Approved by:



Not A Day Goes By

2 WALL - 48 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 & 3 - 4 & 5 & 6 Restart 2 7 & 8 &	Side, Back Rock, Side, Behind, 1/4, Step, 1/2, Step, Full Turn, Walk x 2 Step left to left side. Rock right back. Recover onto left. Step right to right side. Cross left behind right. Step right 1/4 turn right. Step left forward. Pivot 1/2 turn right. Step left forward. Wall 5: Make turn 3/4 turn right (weight on right) then restart dance. Make 1/2 turn left stepping back onto right. Make 1/2 turn left stepping forward on left. Walk forward right. Walk forward left.	Side Back Rock Side Behind Turn Step Pivot Step Turning left Walk Walk	Left Turning right Turning right Forward
Section 2 1 & 2 & 3 4 & 5 6 & 7 8 &	Mambo, Sweep Back, Back Rock, 1/2 Turn, Coaster Step, Step, Turn Rock right forward. Recover back onto left. Step right small step back. Sweep left foot round. Step back onto left. Rock right back. Recover onto left. Turn 1/2 left sweeping right foot round. Step left back. Step right beside left. Step left forward. Step right forward. Pivot 1/4 turn left.	Mambo Step Sweep Step Back Rock Turn Coaster Step Step Turn	On the spot On the spot Turning left Forward Turning right
Section 3 1 & 2 & 3 & 4 & 5 6 - 7 8 & 1	Cross Shuffle, 1/4 x 2, Cross, Rock, Behind, Sway x 2, Behind Side Step Cross right over left. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Make 1/4 turn right stepping right to side. Cross left over right. Rock right to right side. Recover onto left. Cross right behind left. Sway left. Sway right. Cross left behind right. Step right to right side. Step left forward.	Cross Shuffle Turn Turn Cross Rock & Behind Sway Sway Behind Side Step	Left Turning right Right Left On the spot Right
Section 4 2 - 3 4 5 & 6 7 & 8	Step, 1/2 Turn x 2, Diagonal Lock Step x 2 Step right forward. Pivot 1/2 turn left. Make 1/2 turn left stepping back on right, sliding left in (weight on right). To right diagonal, step left forward. Lock right behind left. Step left forward. To left diagonal, step right forward. Lock left behind right. Step right forward.	Step Turn Turn Left Lock Left Right Lock Right	Turning left Forward
Section 5 1 & 2 3 & 4 5 - 6 Restart 1 7 & 8 &	Cross Back Back x 2, Back Rock, Full Turn Right, Walk x 2 Cross left over right. Step right back. Step left back. Cross right over left. Step left back. Step right back. Rock back on left, pointing right toe forward. Recover onto right. During Wall 2: restart dance again from the beginning at this point. Make full turn right, stepping - left, right. Walk forward left. Walk forward right.	Cross Back Back Cross Back Back Back Rock Full Turn Walk Walk	Back On the spot Turning right Forward
Section 6 1 & 2 3 - 4 5 - 6 7 - 8 &	Forward Mambo, Full Turn Right, Back Rock, Side, Back Rock Rock left forward. Recover onto right. Step left back. Make full turn right, stepping - right, left. Rock right back. Recover onto left. Step right to right side. Rock back on left. Recover onto right.	Left Mambo Full Turn Back Rock Side Back Rock	On the spot Turning right On the spot Right

Choreographed by: Phil Partridge (UK) June 2006

Choreographed to: 'Not A Day Goes By' by Lonestar (64 bpm) from There To Here - Greatest Hits Album (16 count intro)

Restarts: There are 2 restarts - both when facing the front wall - during Walls 2 and 5