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- 1 - 8**      **CROSS, BACK 1/4 , 1/4 CHASSE, CROSS ROCK, CHASSE 1/4**  
1 - 2      Cross right foot over left, Step back on left turning 1/4 right  
3 & 4      Turn 1/4 right stepping right to right side, close left next to right, step right to right side  
5 - 6      Cross rock left over right, recover onto right foot  
7 & 8      Step left to left side, close right next to left, step forward on left turning 1/4 left
- 1 - 8**      **STEP PIVOT 1/2 , SHUFFLE FORWARD, BACK TURN 1/2, SWEEP, SAILOR STEP**  
1 - 2      Step forward on right foot, pivot 1/2 turn left transfer weight to left foot  
3 & 4      Step forward on right, close left next to right, step forward on right foot  
5 - 6      Step back on left foot making 1/2 turn right, sweep right foot out from front to back  
7 & 8      Step right behind left, step left to left side, step right foot to right side
- 1 - 8**      **FORWARD ROCK, COASTER STEP, FORWARD ROCK, COASTER STEP**  
1 - 2      Rock forward onto left foot, recover onto right foot  
3 & 4      Step back onto left foot, close right next to left, step forward onto left foot  
5 - 6      Rock forward onto right foot, recover onto left foot  
7 & 8      Step back onto right foot, close left next to right, step forward onto right foot
- 1 - 8**      **STEP PIVOT 1/4 , KICK BALL STEP, ROCK RECOVER CHASSE**  
1 - 2      Step forward on left foot, pivot 1/4 turn right weight onto right foot  
3 & 4      Kick left foot forward, step onto ball of left, step forward on right foot  
5 - 6      Cross rock left foot over right, recover back onto right foot  
7 & 8      Step left foot to left side, close right foot next to left, step left foot to left side
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