



Approved by:

Maureen Michelle

Mix It Up!

2 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Reverse Rhumba Box With Hitches		
1 - 2	Step left to left side. Step right beside left.	Side Together	Left
3 - 4	Step left back. Hitch right.	Back Hitch	Back
5 - 6	Step right to right side. Step left beside right.	Side Together	Right
7 - 8	Step right forward. Hitch left.	Step Hitch	Forward
Section 2	Vine Left, Hitch, Vine 1/4 Turn Right, Hitch 1/4 Turn		
1 - 2	Step left to left side. Step right behind left.	Side Behind	Left
3 - 4	Step left to left side. Hitch right.	Side Hitch	
5 - 6	Step right to side. Step left behind right.	Side Behind	Right
7 - 8	Step right 1/4 turn right. On ball of right turn 1/4 right and hitch left.	Turn Hitch	Turning right
Section 3	Rocking Chair, Step, Scuff, Step, Scuff		
1 - 2	Rock left forward. Recover onto right.	Rock Forward	On the spot
3 - 4	Rock left back. Recover onto right.	Rock Back	
5 - 6	Step left forward. Scuff right forward.	Step Scuff	Forward
7 - 8	Step right forward. Scuff left forward.	Step Scuff	
Section 4	Rocking Chair, Step, Scuff, Shuffle		
1 - 2	Rock left forward. Recover onto right.	Rock Forward	On the spot
3 - 4	Rock left back. Recover onto right.	Rock Back	
5 - 6	Step left forward. Scuff right forward.	Step Scuff	Forward
7 & 8	Step right forward. Step left beside right. Step right beside left.	Right Shuffle	On the spot
Ending	(Jive Bunny track) Dance to count 32, facing back wall: Raise both arms above head and turn to face front for a fun finish!		

Choreographed by: The Girls (Maureen and Michelle) (UK) January 2007

Choreographed to: 'The Juke Box Story' by Jive Bunny And The Mastermixers (142 bpm) from CD The Very Best of Jive Bunny And The Mastermixers (32 count intro)

Music Suggestions: 'Restless' by Shelby Lynne (143 bpm) from CD Line Dance Fever 16 (24 count intro); 'Are You In It For Love' by Ricky Martin (132 bpm) from CD Sound Loaded (US Import) (32 count intro); 'Shirley' by Shakin' Stevens (152 bpm) from CD The Hits of Shakin' Stevens (16 count intro)



A video clip of this dance is available to members at www.linedancermagazine.com