



Approved by:

Gaye Teather

She And I

2 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Forward Shuffle, Step, Pivot 1/2, Forward Shuffle, Full Turn		
1 & 2	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
3 – 4	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
5 & 6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 – 8	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (6:00)	Full Turn	Turning left
Option	Replace full turn with Walk forward - right, left.		
Section 2	Kick Ball Cross x 2, Side Rock & Side, Drag		
1 & 2	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	On the spot
3 & 4	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	
5 – 6	Rock right to right side. Recover onto left.	Side Rock	
& 7 – 8	Step right beside left. Step left long step to left side. Drag right to touch left.	& Side Drag	Left
Restart	Wall 4 (facing 12:00): Restart the dance from the beginning.		
Section 3	Walk Back x 2, Coaster Step, Walk Forward x 2, Kick Ball Point		
1 – 2	Walk back right (popping left knee forward). Walk back left (popping right knee).	Back Back	Back
Styling	Try swivelling left heel in on left knee pop and right heel in on right knee pop.		
3 & 4	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
5 – 6	Walk forward left. Walk forward right.	Walk Walk	Forward
7 & 8	Kick left forward. Step left beside right. Point right to right side.	Kick Ball Point	On the spot
Section 4	Sailor Step, 1/4 Sailor Step, Cross, Unwind 3/4 With Heel Bounces, Coaster Step		
1 & 2	Cross right behind left. Step left to left side. Step right to right side.	Right Sailor	On the spot
3 & 4	Turn 1/4 left crossing left behind right. Step right to right side. Step left to left side.	Turn Left Sailor	Turning left
5 & 6	Cross right over left. Unwind 3/4 left bouncing heels twice (weight on right). (6:00)	Cross Unwind	
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot

Choreographed by: Gaye Teather (UK) February 2014

Choreographed to: 'She And I' by Toby Keith from CD Alabama & Friends; download available from amazon or iTunes; FREE download version by Dave Sheriff from www.linedancermagazine.com for subscribers (start on vocals)

Restart: One Restart during Wall 4



A video clip of this dance is available at www.linedancermagazine.com