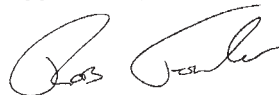




Approved by:



Cha Cha Your Body

4 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side, Back Rock, Cha Cha Forward, Forward Rock, 1/4 Turn Chasse		
1 – 3	Step left to left side. Rock back on right. Recover forward onto left.	Side Back Rock	Left
4 & 5	Step right forward. Lock left behind right. Step right forward.	Cha Cha Cha	Forward
6 – 7	Rock forward on left. Recover back onto right.	Forward Rock	On the spot
8 & 1	Step left 1/4 turn left to left side. Close right beside left. Step left to left side.	Turn Close Side	Turning left
Section 2	Cross, Side, 1/2 Turn Cha Cha, Side Rock Touch, Chasse		
2 – 3	Cross right over left. Step left to left side.	Cross Side	Left
4 – 5 &	Turn 1/2 right stepping right to side. Step left beside right. Step right beside left.	Turn Cha Cha	Turning right
6 & 7	Rock left to left side. Recover onto right. Touch left beside right.	Rock & Touch	On the spot
8 & 1	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
Section 3	Cross Rock, Chasse 1/4 Turn, Step, Pivot 1/2, 1/4 Turn Chasse		
2 – 3	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
4 & 5	Step right to right side. Close left beside right. Turn 1/4 right stepping on right.	Side Close Turn	Turning right
6 – 7	Step left forward. Pivot 1/2 turn right.	Step Pivot	
8 & 1	Turn 1/4 right stepping left to left side. Close right beside left. Step left to side.	Turn Close Side	
Section 4	Back Rock, Hinge 1/2 Turn, Hip Bumps (Booty Shake)		
2 – 3	Rock back on right. Recover onto left.	Back Rock	On the spot
4 – 5	Step right forward. Turn 1/2 left stepping left to left side.	Step Turn	Turning left
6 – 8	Bump hips - right, left, right.	Hip Bumps	On the spot
Option	Counts 6 - 8: Booty shake anticlockwise for 3 counts.		

Choreographed by: Debbie Ellis and Rob Fowler (Spain) July 2010

Choreographed to: 'Your Body (Radio Edit)' by Tom Novy & Michael Marshall (125 bpm) from CD Pump It Up! The Ultimate Workout Soundtrack; also available as download from amazon.co.uk or iTunes (48 count intro, approx 23 secs - start on word 'I')



A video clip of this dance is available at www.linedancermagazine.com